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MNRF withdraws support of fish hatchery egg collection

CHAD INGRAM

Staff Reporter

The Haliburton Highlands Outdoors Association is hoping the Ministry of Natural Resources and Forestry will revisit its decision to cease its assistance in an egg collection program that supplies eggs for the Haliburton Fish Hatchery.

The ministry has helped with the effort for the entirety of the hatchery's existence, or just more than 20 years, but the association was recently informed that assistance would stop. The hatchery stocks the county's lakes with thousands of fish each year.

"They provide the knowledge, and they provide the equipment," said HHOA president Larry Hewitt, explaining that equipment includes large boats and specialized netting. "The whole system."

Hewitt told the Echo the process is not a large draw on the ministry's resources.

"It's only two days a year, for a couple of people," he said. "Dollars and cents-wise, it's not a big thing."

Fish grown in the hatchery have a much better chance of surviving than those in the wild.

see FUNDRAISING page 2



Kenlee Ella Wilson was born in the early morning hours of Jan. 3. Born at home in Haliburton, the baby girl is believed to be the first baby born in Haliburton County in the new year.
/Photo submitted

Haliburton welcomes first baby of the year

SUE TIFFIN

Staff Reporter

In the very early morning hours of Jan. 3, Kenlee Ella Wilson became Haliburton County's newest resident.

The wee baby girl – weighing eight pounds and nine ounces at birth – celebrated her birthday just after many celebrated the new year, and with her arrival, also celebrated many firsts.

She's the first baby born in Haliburton County this year, the first baby born at home in Haliburton under the care of the Midwifery Services of Haliburton-Bancroft in 2019, and she's the first baby for Haliburton residents Lauren and Brett Wilson.

Kenlee, named for Brett's grandfather, Ken, was expected around the end of December, but Lauren said she took her time coming although the couple were ready for her.

It wasn't until the day after her birth that her parents realized Kenlee was the first baby born in the county.

"It's cool because we were joking she was going to be the youngest in the grade, and now she's the oldest," laughed Lauren, just four days after Kenlee's birth.

Lauren said Kenlee went from being the future youngest student in the class to being the oldest student, with the last name on the alphabetical class list.

see MIDWIVES page 2

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Midwives assist in baby's arrival in Haliburton

from page 1

Kenlee was born at home in Haliburton, where Lauren said the couple had planned her birth to take place.

"I didn't like the idea of the drive to the hospital while I was in labour," she said. Those planning to give birth in a hospital setting need to travel out of the county to do so.

Midwives with the Midwifery Services of Haliburton-Bancroft discussed the measures in place to deal with any complications during birth, which Lauren said reassured her and Brett of their decision. After the baby was born, Lauren said because they were already at home, they could easily crawl into bed with her.

"We just cuddled for two hours after she was born," she said. "It was the most amazing experience."

Just a few days into life, Kenlee is experiencing much

love.

"She's an angel," said Lauren. "I'm obsessed. Everything's amazing. She's so good. Every parent says that about their baby, but she's just so content. We're really, really lucky."

The first baby born with care from the Midwifery Services of Haliburton-Bancroft arrived in Maynooth on Jan. 1 just before 1 a.m. this year.

"It was the best way to start the new year," said Lauren, who joked that of people making resolutions to lose weight in the new year, she wins, given that she lost 10 pounds in the first three days of 2019. She praised the local midwives, who she said are "just the best."

Proud grandparents are John Wilson and Marilou Mizan of Haliburton, Deb Bishop and Rick Ames of Kirkland Lake, and Mark and Carrie Ebenhardt of Aurora, who cottage on Soyers Lake.

“

I'm obsessed. Everything's amazing. She's so good. Every parent says that about their baby, but she's just so content.

— Lauren Wilson

Fundraising may be necessary to run egg collection program

from page 1

One of the species produced in the hatchery is the Haliburton Gold lake trout, an ice-age species of fish that exists in just a few of the county's lakes and has been designated as a heritage species. According to the HHOA, in the wild, only one or two per every 1,000 eggs will survive to become a trout measuring eight inches in length, while in the hatchery, some 650 per every 1,000 eggs will accomplish the same feat.

Along with its stocking activities, the association provides tours of the hatchery to the public – "We encourage people to come in and learn about the life cycle of fish," Hewitt said – and educational information for anglers. For instance, while early in the year only about 20 per cent of trout caught are likely to be female, by September, about 80 per cent are likely to be. Obviously, removing too many females from area lakes can be detrimental to the local fish stock.

If the MNRF does not reconsider, then Hewitt said the association would need to fundraise for a new boat suitable for egg collection, and other equipment.

"It's forcing us to go beyond where we want to go," he said, reiterating the association is run by volunteers.

"If we don't have eggs, we can't raise fish," he said.

The association intended to send correspondence to Haliburton-Kawartha Lakes-Brock MPP Laurie Scott, who is also a cabinet minister in the Ford government.

The *Echo* contacted the MNRF for an explanation of why support of the program was being withdrawn, but did not receive a response before press time.

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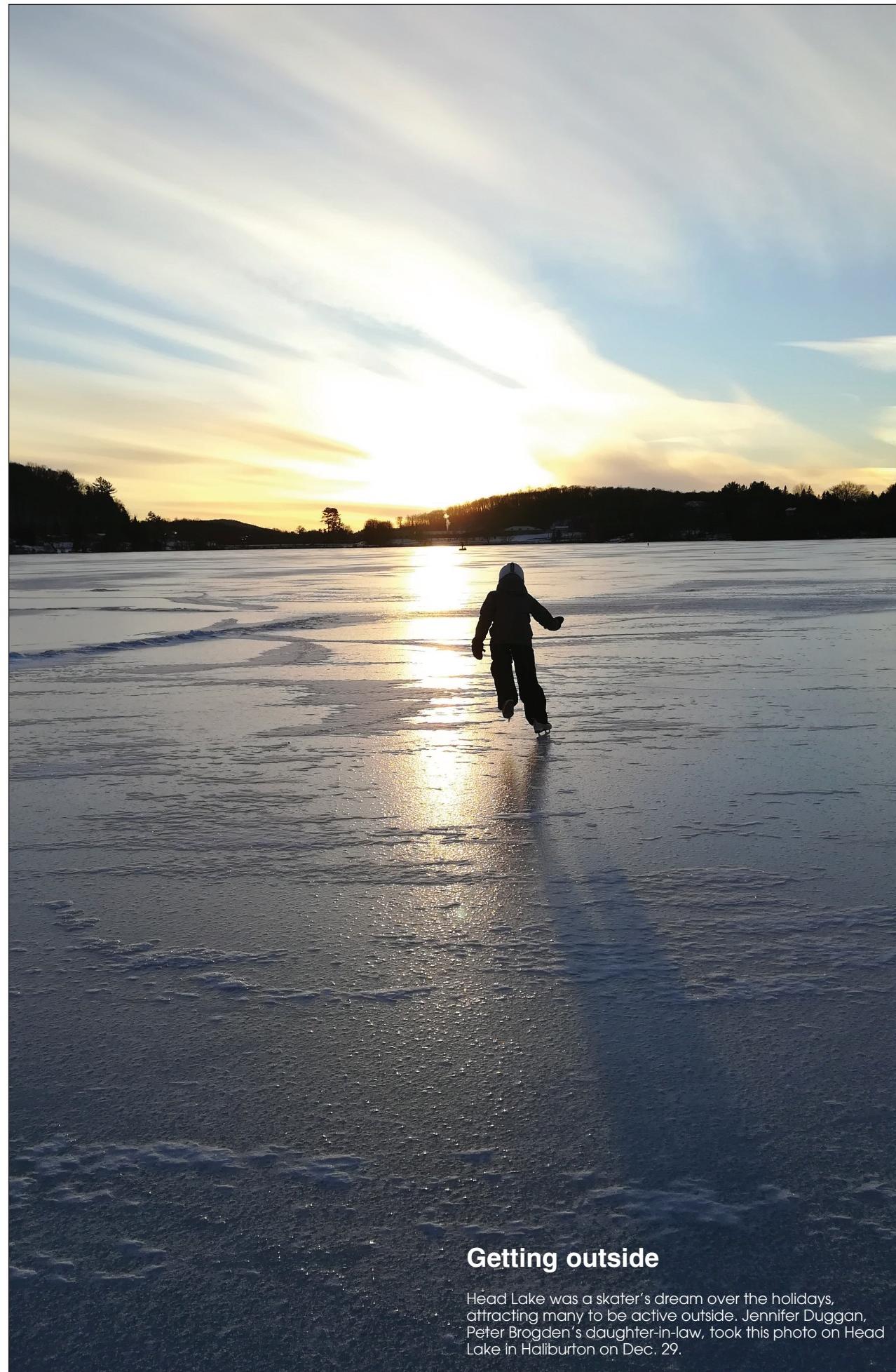
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Haliburton to welcome mushers for annual favourite

DARREN LUM
Staff Reporter

In less than two weeks one of the area's most popular annual sporting events is returning to the Highlands.

Like the lead up to the Christmas season, there is always great anticipation, whether it's the expected 90 or so mushers and their close to 500 dogs, or the race spectators excited to see the explosive canine power let loose at the Haliburton Highlands Dog Sled Derby, hosted at the Pinestone Resort and Conference Centre.

Held from Jan. 18 to Jan. 20, this Ontario Federation of Sleddog Sports Triple Crown Race Series boasts mushers from all over the province, Quebec and the northern United States, vying for a \$5,000 purse.

Winterdance Dogsled Tours's Tanya McCready-DeBruin, who has organized the IFSS sanctioned race for close to 16 years (interrupted only for weather and finances), encourages first-time visitors to come to the venue located within a 10 minute drive west of Haliburton on County Road 21.

"If you love dogs you've got to go and see a dogsled race. Even if you're just curious. Because the energy and the passion and the excitement these dogs have, you'll never see more excited dogs in your life then you'll see at a dogsled race. Because they are so happy and they love doing what they do," she said. "You put all those dogs together all having that kind of emotion and energy and excitement it's just pandemonium. If you love dogs it's an amazing place to go."

Teams will be leaving every few minutes and will approach speeds of 30 kilometres an hour so the action will be high. Admission is free for all ages. Races are held Saturday and Sunday. The racing begins with the one-dog skijoring at 9:30 a.m. Saturday, followed by the four-dog, two-dog skijoring, kid and mutt, six-dog, youth until it ends that day with the eight-dog race at 3:15 p.m. The spectator favourite kid and mutt race is only on Saturday at 12:45 p.m. On Sunday, races begin at 9 a.m. with the one-dog skijoring race, followed by the four-dog, two-dog, six-dog, youth, and ends at 2:15 p.m. with the eight-dog race, which is followed by the end of event presentation.

In addition to the obvious start/finish area, visible from the road, there are also

spectating areas by the golf pro shop and indoors at the Pinestone dining room.

McCready-DeBruin adds the purse is divided among all the recipients from the first to the 10th finisher across seven categories (four-dog, six-dog, eight-dog and skijoring, one-dog, two-dog, youth, and the did and mutt Race) from the dogsled racers to the skijorers. A further division occurs with the four, six and eight-dogsled races to reflect dog types such as mixed bred and pure bred.

New skijorers are welcomed to compete, she said.

"Some of our best skijorers that race started out ... [started] at our race," she said.

"If you just like getting out on skis with your dog you're more than welcome to come," she said.

Registration can be done on-site Friday and Saturday morning. The specific equipment to skijor is available for purchase.

Three main reasons McCready-DeBruin and Winterdance loves to organize this event: one, is for a reunion of sorts for the mushers, which she and her husband Hank DeBruin appreciate. Two, bringing an event that helps the community by attracting people to spend money,

whether it's food or accommodation, and three, to educate the public and celebrate the capability of work dogs, showcasing them in their element doing what they live for and love to do.

This event has added features such as live music by Creedence Clearwater Revival tribute band Bootleg Creedance on Jan. 18 at 9 p.m. in the ballroom at the Pinestone Resort. Advance tickets are \$15 and \$20 at the door.

There is also an outdoor barbecue scheduled Saturday from 11 a.m. to 4 p.m., organized by the host Pinestone Resort. In previous years the Haliburton Lions Club ran the barbecue, but were unable to do so this year. She adds mushers often say the derby is their favourite race of the year because once they arrive, they don't have to leave.

McCready-DeBruin said the added attractions and services are great for the mushers and the spectators.

"The more things we can add the more time, hopefully people will want to stay and watch because it gives people something to see and do," she said.

For more information about the derby contact Tanya McCready-DeBruin at info@winterdance.com or call 705-457-5281.

A kick-turn lesson is taught during the first week for the Jackrabbit Youth Ski Program.



Instructor Joleen Thomas leads a group of young Nordic skiers.



Learning to ski

Haliburton's Annika Gervais plays tag during the first week for the Jackrabbit Youth Ski Program on Saturday, Jan. 5 at Glebe Park in Haliburton. Close to 60 children are participating in this year's learn to Nordic ski program, which includes classic and skate skiing. The group, which includes biathletes from the 1129 Haliburton Royal Canadian Army Cadet Corps, meets every Saturday afternoon in January and February except for the Family Day holiday. Organized by the Haliburton Highlands Nordic Trail and Ski Club Association, the long-standing learn-to-ski program incorporates games, activities and lessons to improve technique and foster a love for Nordic skiing. The program offers six levels of instruction made possible by 20 volunteers, who are adults and students led by co-ordinator Lisa Werry. More volunteers are welcome. The program's snack supervisor is Melissa Murray. /DARREN LUM Staff

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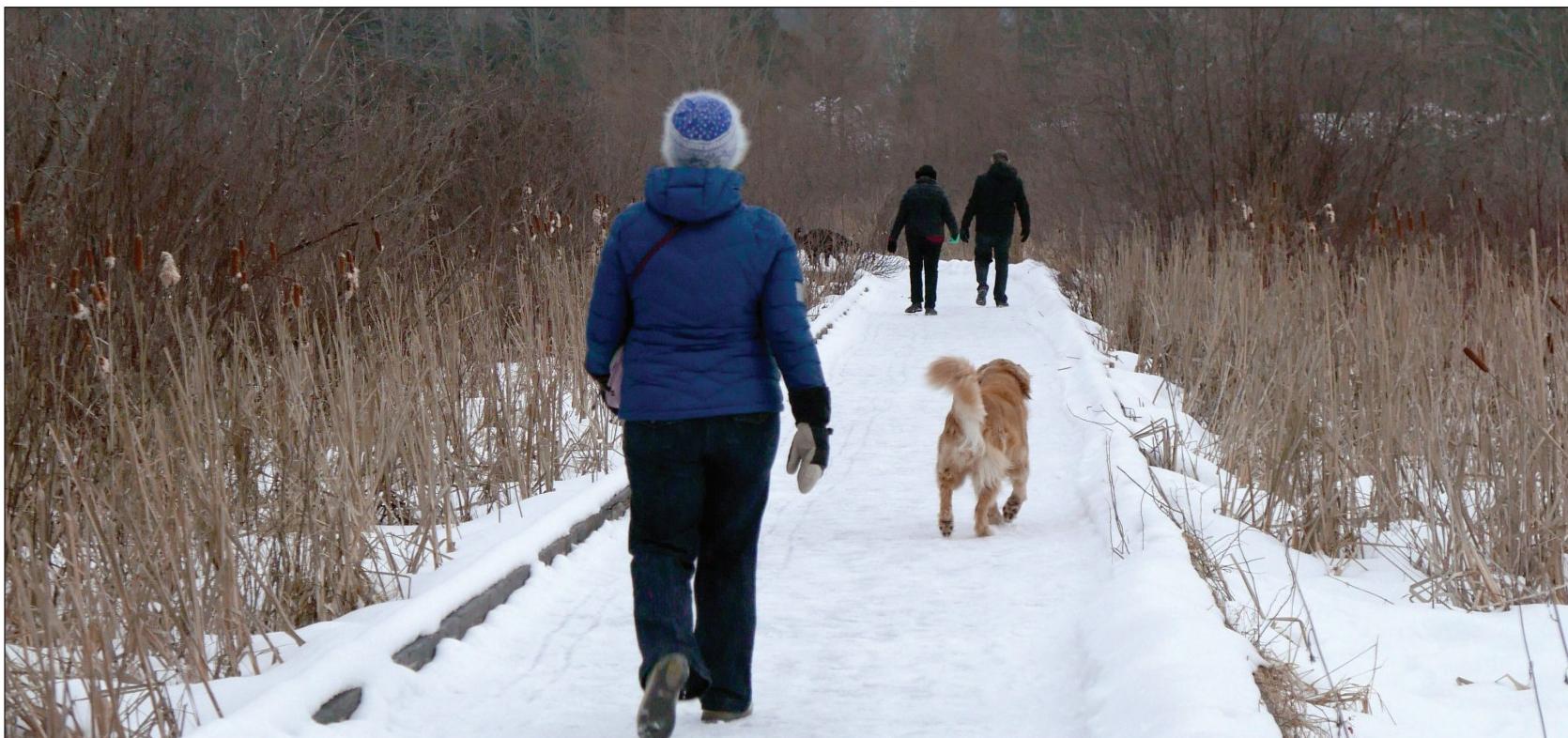
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Walkers stroll along the Minden Riverwalk on Jan. 4. Getting more physical activity and spending more time outdoors are common New Year's resolutions./SUE TIFFIN Staff

A new year brings new resolutions

SUE TIFFIN
Staff Reporter

When the clock struck midnight, bringing us from 2018 into 2019, for many the change of the date also brought about new focus in the form of New Year's resolutions. While some who engage in the tradition might joke they've already failed at bettering themselves or their lives just a week into the new year, local experts talked to the *Echo* about how goals and even small changes in habits can occur throughout the year.

"I think almost anything anyone does is a way of investing in yourself," said Barb Fraser, social worker with Haliburton Kawartha Pine Ridge District Health Unit. "Whatever people choose, they're probably going to feel better because they're moving towards an intention or a goal." Fraser tends to use the word intention

rather than resolution.

"It instills movement as opposed to a finished product," said Fraser. "Resolution means you did it, you're over with it and intention means, I'm moving toward this. I just think it's a little softer ... You can set an intention each day, because you're not probably going to fulfill your resolution today but you can have an intention this day, and this moment."

Being mindful of daily patterns and habits, including improving the quantity or quality of sleep in one's life, can help anyone feeling weary feel better about what they're going to do next in life, said Fraser. She said if people can figure out how they are spending their time, and how that use of time and time management makes them feel, they might be able to make small shifts such as getting to work 10 minutes early to be able to go for a walk first, in order to find time for oneself and new habits.

"I was talking to someone recently who said they don't want to default to social media, scrolling through Face-

book or Instagram or whatever, scrolling and wasting time doing that," she said. "So I said, OK, what are you going to do instead? That's a good idea if that's what you want to do for yourself, what are you going to do instead? We all get sucked into the vortex. How do you catch yourself? What's your plan, and what are you going to do instead? Maybe it's reading, maybe it's going outside or doing some art or some drawing or phoning a friend. If you're giving something up you need a plan of what you're going to do instead with the time you've been doing that. What's more fulfilling for you?"

Fraser said sharing an intention or resolution with friends or family members could help people to stay motivated, and be held accountable, but that it was important to not feel bad if goals weren't met. Additionally, it was essential that people not feel alone or afraid to ask for help or guidance, she said, noting numerous sources including online resources, physicians and other health professionals were available with an option for any budget.

Thinking out a plan and doing a gentle inquiry into what will work best helps people stay motivated and on task, said Fraser.

"Most people, if they want to do an activity, they're probably not going to do it seven days a week," she said. "So start small. Say, I want to get outside and walk a little bit or snowshoe or something like that. Well, OK, what's realistic for me? Well, maybe it's two times a week. Start small. If you do more than that, it's fine." Fraser suggested recognizing small steps within larger goals.

"It's like, we set these big goals ... you just have to start small and be kind and caring to yourself as you're stepping through it because it is hard to change patterns and behaviour, we just tend to slide into the same things we do over and over," said Fraser. "Even some small things, what do I want for myself? What will make me feel good? It might be deciding you want to reconnect with some people, or you want to write some letters or you want to take a course, there are so many opportunities out there. For your health and well-being, maybe you do need to go for some counselling, or maybe you want to change jobs so you have to think about that, because what's unique for each of us ... it is unique for each of us, what makes us feel better. But sometimes one small change leads to the next, leads to the next, leads to the next and it's OK to maybe be a little daunted by it, but when you break it down, you think, what's the first thing I need to do."

As for following the news online, Fraser said it's important to take a break sometimes.

"Balance the good stuff out there because we're bombarded – not that we don't want to know what's going on out there in the world, but we don't need to hear it 42 times a day," she said. "Watch something funny, and laugh, because that creates that shift in your body, emotionally and biologically. We all need to laugh a little bit. It can be hard, but it's good for us."

Rosie Kadwell, registered dietitian with the HKPR District Health Unit, said she believes the most common

see SECRET page 5

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Secret to success is start small

from page 4

health-related resolutions that people focus on are to be healthier and feel better, to lose weight, to eat healthier and to exercise more.

"We know that if we are more physically active or eat healthier, we will feel better," she said. "These are all good resolutions, but they do not state how someone is going to achieve these goals. The secret to success is to break down your healthy living goals into mini goals that are easy to manage. Start with one small, clear goal that is right for you and once you achieve it and it becomes part of your daily routine then you can set another goal."

For example, she said if your resolution is to eat healthier, it's important to ask yourself how you are going to do that – maybe it means you might prepare and eat another vegetable with your dinner.

"Once you have accomplished that goal and it becomes part of your daily routine you are ready to set yourself another goal," she said. "For example, instead of eating ice cream every night for dessert, I will only eat it twice a week and top it with fresh or frozen fruit. The nights I am not eating ice cream I will make my own frozen dessert using a banana and frozen fruit whipped together in the food processor."

Kadwell said being realistic about a resolution will set people up for success.

"I believe most people set goals that are too high to achieve or a goal that is not measurable," she said. "If a goal is not measurable there is no way to determine if you were successful."

To make a smart goal, Kadwell suggests using the following checklist when setting a goal to make sure it's 'SMART':

Specific: When will you start? What will you focus on? How will you do it?

Measurable: How often will you do this? How much will you do? What will you track and how?

Action-oriented: What eating, or activity behaviour, will you change? Focus on a behaviour that you can change rather than a feeling or a thought.

Realistic: Can you see yourself completing this goal? Be honest! Setting small goals that are achievable is a strong motivator and a positive way for you to track your progress.

Time-framed: How long will it take you to reach your goal?

"A goal such as 'I want to lose weight,' is not a 'SMART' goal," said Kadwell. "Instead, think about what you need to do to lose the weight, maybe you will want to snack less on sweet foods. This may be your SMART goal: 'Starting tomorrow, I am going to buy fresh fruit to store at work and will substitute my sweet snack for a fruit and piece of cheese. I will try this for one week and reassess.'"

As for simple changes or habits people might consider if they're looking to have a healthier diet, Kadwell offers the following suggestions:

Add one or two vegetable or fruit servings to meals and snacks. Use the handy chart at <http://www.unlock-food.ca/en/Articles/Canada-s-Food-Guide/Vegetable-and-Fruit-Checklist.aspx> to help you keep track and aim for seven to 10 half-cup servings each day.

Have a meatless dinner once each week. Enjoy tofu, eggs or legumes instead of meat or poultry.

Get more fibre. Aim for 25-38 grams per day. Many Canadians fall short of this valuable nutrient, which helps with keeping your bowels regular and helps man-

age cholesterol levels.

Have breakfast each day. Try oats with milk and fruit, or whole grain toast with peanut butter and banana. Adults who skip breakfast are more likely to overeat.

Additionally, Kadwell said using the free, online My Goals tool at EaTracker.ca, which was created by Dietitians of Canada, can help people track eating habits and physical activity and help set and reach goals.

Sue Shikaze's work with the HKPR District Health Unit focuses on healthy environments, with a specific focus on climate change and health.

"Certainly there seems to be more in the news recently about climate change and the trajectory that we are on – and that it takes efforts from both individuals and governments to change course. Reducing our personal use and consumption of fossil fuels is part of that," she said. "...I hope more people are becoming aware of their personal actions and choices, and perhaps forming New Year's resolutions around these. For example, choosing to eat more local food benefits our local economy and reduces our environmental impact by reducing the amount of transportation required to put food on our table. Buying local in general is more environmentally friendly – people may think that shopping online is better because they don't have to drive to stores, but the delivery system for goods bought online requires a lot of transportation – and consequently generates a lot of greenhouse gas emissions that contribute to climate change."

She made note of potential resolutions that are good for the environment, "because ultimately they are good for our health as well."

Reducing the amount of plastic you buy – for example, bottled water, straws, packaging, grocery bags, plastic toys – using active transportation instead of driving when you can and switching to LED lights to reduce energy consumption are meaningful ways to contribute to a healthier environment as well as a healthier lifestyle.

Tips for getting more active and fit

- Choose or look for an activity that you like – no point in resolving to do more of something if you don't like it! You're way more likely to stick to it if you enjoy it.
- Find a buddy – you're more likely to stick to your goal and plan if you have someone to do it with – it also holds each of you accountable to the other, and you can support each other when you find your motivation might be waning.
- Set small and incremental goals – you're more likely to achieve them, and that feeling of success helps keep you motivated to keep at it e.g. Your ultimate goal might be to run/walk a 5k race, but if you're just getting started, start by walking 10 minutes at a time, and gradually add to that.
- In terms of things that don't cost money – walking is one of the best healthy activities! Our villages do a great job of keeping pathways and sidewalks clear so it's safe to walk. For safety on snow/ice, walk with a walking pole or stick (old ski poles work great), wear traction devices on your boots and/or carry a baggie of sand or kitty litter to throw down if you get to an icy patch.

-Sue Shikaze

Bessie Sullivan, CEO of the Haliburton County Public Library, challenges herself to read 100 books a year, which she tracks online at GoodReads.com.

"I don't try to challenge myself to go past that, because I do have to have a life," she laughed. "I don't want to go less than that because I think that's a good mix. I think it gives me enough variety ... By reading 100 you just get a lot of cross-section and I can also branch into stuff I don't ordinarily gravitate towards. I'm a real fiction reader because it really is entertainment for me, but there is some non-fiction worth reading. When you have that many you're reading, it gives you a chance to delve into some other kinds."

Sullivan said the definition of reading might be more relaxed than some people think, so reading magazines and newspapers as well as listening to audio books in different formats can be considered reading as well. Book sales are up – 2018 book sales were up across all formats, paper and e-books, according to Sullivan, and studies are showing that readers have a longer life span, and that fiction reading has been proven to heighten people's sense of empathy, because they get to experience things they wouldn't normally experience and put themselves in other's situations. She hopes those who make resolutions related to reading do so because they want to, not because they feel they should, which will ultimately help them more easily reach any sort of reading goals they set.

"Reading is supposed to be fun, or leisure reading is, so it's not like, 'I'm going to eat better' or 'I'm going to get more exercise' where you're doing it because you know it's good for you," she said. "You may not love eating better and you may not love getting the exercise but you're doing it because you know it's good for your health. Reading is good for your health too, it's been proven in a lot of ways, but I don't want it to be something people do because they feel they have to, I want it to be something people do because they love it. To me it's a little different than a diet or a fitness resolution."

Sullivan said setting time aside for reading – she plans for an hour in the morning and an hour in the evening – limiting social media screen time that might involve stressful reading to make more time for the escapism offered through novels, and figuring out ways to increase reading time in your downtime like by listening to audio books while travelling can help readers reach goals.

"I always make sure I have a book on CD in my car," she said. "I sometimes go awhile between listening but I think road travel is great for listening to books. They're not distracting and if you're in traffic you just turn it off."

Though resolutions might not last throughout the year, those who make them shouldn't feel despair if their goals for the new year don't work out as planned.

"There's no magic about Jan. 1st," said Fraser. "Every day is an opportunity, really. People are kind of reflecting on the year and their past year and what's coming up this year. I think that's good to do a little reflecting but any day is the day to do that. Any day is a good day to take a pause and think about what opportunities are out there. I think it's about thinking, OK, how do I want things to look in three months or six months or a year from now."

Fraser stresses it's always possible to start again.

"Don't be harsh or critical if you blew it this week, just begin again," she said. There's a quote ... it's like, now is the best time for anything. That's it, it's just what we do next. And you always have a choice about what you do next."



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DAVID ZILSTRA,
Publisher and Ad Director, ext. 37,
david.zilstra@gmail.com

JENN WATT, Managing Editor
ext. 39, jenn@haliburtonpress.com

JENNIFER MCEATHRON, Admin
jenniferm@haliburtonpress.com

DEBBIE COMER, Circulation,
debbie@haliburtonpress.com

CHAD INGRAM, Reporter,
chad@haliburtonpress.com

DARREN LUM, Reporter,
ext. 38, darren@haliburtonpress.com

SUE TIFFIN, Reporter
sue@haliburtonpress.com

KAREN LONDON,
Production Co-ordinator
karen@haliburtonpress.com

LAURA CHOWZUN, Production

www.haliburtonecho.ca
146 Highland Street, P.O. Box 360,
Haliburton, ON, K0M 1S0
• 705-457-1037 • Fax 705-457-3275
Published by White Pine Media Corp



STACEY POTALIVO, Production

LAURA SMITH, Sales,
ext. 32, laura@haliburtonpress.com

PAUL BANELOPoulos, Sales
paul@haliburtonpress.com

PAT LEWIS, Inside Sales
classifieds@haliburtonpress.com
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Stories to follow in 2019

NOW THAT WE'VE said our goodbyes to 2018 with all of its ups and downs, it's time to look forward to the year to come. 2019 will provide puzzles for our local political representatives and require much energy from those working to create new projects to better our community.

Here are a few stories to follow in the year to come.

Housing - This fall, we learned there are plans for both a retirement facility and a student residence in Haliburton village. Gardens Retirement Development Inc. came to Dysart et al council at their Sept. 24 meeting to discuss their plans for the property at 1 Sunnyside St., at the former college property. Council was highly receptive to the idea, which has been long-awaited for those wishing to remain in the Highlands as they age.

In November we also heard that Greg Bishop has plans to construct student housing for Haliburton School of Art + Design. The property is near Glebe Park and would be an easy walk or bike ride to the campus. Just like retirement housing, the lack of student housing has been identified as a barrier to growth not only for the college, but for the Highlands in general.

Creation of these two types of specialized housing will free up rental units throughout the community, hopefully making it easier to find a place to live in a market with a dearth of supply.

Youth hub - Work is underway to get the new Haliburton Youth Wellness Hub building ready for the youth of the community. Grant funding allowed a partnership between Point in Time and Haliburton Highlands



jenn
watt

Editorial

Health Services to come together to purchase the former Lighthouse church on Dysart Avenue in Haliburton, just down the street from the arena and new skate park.

It can't be overstated how important it is that this project succeeds – and grows. Right now, there is limited programming taking place as the space hasn't been fully renovated. However, once it's operational, the hope is that the hub will give young people a safe place to go outside of school and organized sports.

Students (and their family, friends and supporters) have been the engine behind the movement to create the space and Point in Time and HHHS staff have thrown considerable energy into finding funding and organizing the project. In 2019, they will need our financial and moral support as they push to make the youth hub a reality.

New councils - Even local councils that saw few new members join the table following the October election still

have made considerable changes and are looking to tackle difficult topics in the coming year. In Highlands East, there is a new deputy mayor: Cec Ryall. In Dysart et al, Andrea Roberts is the new mayor and Pat Kennedy is deputy mayor. The county's warden Liz Danielsen has taken on the role for the first time. Providing more public transportation will soon be discussed at the county level. We will need more action from all of them on climate change mitigation and action. And all of the councils are facing potential funding cuts from the provincial PC government. How our new leaders handle new pressures will be interesting to watch.

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K.O. Martial Arts and the Arborist

KELLY OUTRAM IS A really interesting young man. He grew up in Haliburton, the son of Cathy and Joe Outram. I met Kelly when he was a student at Stuart Baker Elementary School, my husband was a teacher at the time. He was a personable young man at a young age! Like many of our young people, he left Haliburton after high school to learn and travel.

I recently had the pleasure of reconnecting with him over the topics of a huge tree that we need to have taken down in our yard and tai chi. Kelly is an arborist, and a tai chi instructor. He has recently returned to Haliburton County to live and he and his brother started Outram Tree Solutions (outramtree.net).

Kelly loves that work and is really enjoying the process of building a new business. He and his brother, Jacob, had a great year. I just love this when young people return and bring their new skills and passions to our county. We all win.

Kelly also has a dream to open a martial arts studio in Haliburton County some day in the future. In his travels, one of the places he visited was China and he had the opportunity to learn from some tai chi masters. That and other studies have lead to him to really believe in and the feel the power of movement.

He loves tai chi because of its ability to teach people how to relax, improve their mood and have good balance. While having a cup of tea recently he told me how much his tai chi practice enables him to do

his job well as an arborist. Kelly talked about how doing tai chi relieves tension that he builds up during the day as well as relaxing muscles and joints.

He then went on to explain that the indirect benefits of the practice are more subtle, developing proprioception. "In tai chi it's called 'listening,' to empty your mind of everything but the sensations of your muscles and joints holding your weight off the ground. The more relaxed your body, the easier

it is to listen. Within my work, this skill is used to adjust the body to other weights.

"Pieces of wood, branches, chain-saws and other tools all feel different to move with, as does pulling myself up a tree! Since I have been practising, it's been fun and rewarding to feel out how to apply body mechanics to tree work. It's made a huge difference in the enjoyment of my day job."

Kelly is currently offering tai chi classes by donation at Blue Sky Yoga Studio on Sunday mornings at 10 a.m. He also loves to do the practice outside and even in the winter months he meets people in Head Lake Park at 7 p.m. on Monday evenings. He says that people don't stay cold for long! Kelly loves to work with beginners and people of all ages and abilities. Kelly's martial arts business is called K.O. Martial Arts and you can reach him at 705-457-7884 or email him at martial.arts.haliburton@gmail.com. More information about Kelly can also be found at haliburtonyoga.com. Welcome back, Kelly and Jacob!

Tales from
the great



lynda
shadbolt

Green meadow

points of view

Man versus boo boo

YESTERDAY MORNING IN a sudden and violent act of inattentiveness, I nicked the tip of my index finger with a knife I had just sharpened. The good news is, if the blood flow was any indication at all, I am better at sharpening than I thought.

Since I needed subject matter for a column, there is no bad news.

I'm sure you don't want to hear the gory details, but suffice it to say, I had inflicted upon myself what medical professionals refer to as a boo boo.

At times like this, a man has to think quickly and take decisive action.

Primarily, this means he has to refrain from running around in circles or holding his bleeding finger high in the air and dramatically yelling, "My only regret is that I have but one life to give for my country!"

Additionally, no matter how right it feels at the time, a man must do all he can to avoid fainting at the sight of his own blood. Also, he should try not to sob uncontrollably when he realizes he will now have a harder time handling live bait in the immediate future.

Any one of these things might prompt his better half or mother, should she be near, to offer to kiss the boo boo better. And while this is a perfectly reasonable gesture – especially since it is the miracle cure the medical profession doesn't want you to know about – there is a down side too.

You see, the very act of getting your boo boo kissed could also potentially detract from your tough guy image. Worse still, it means any story you plan to tell your grandson about how you survived a lethal knife attack by seven ninjas is practically worthless if your wife or mother are within earshot.

And, let's face it, at times like that, they always are.

That's why, despite having lost several drops of life sustaining blood, I bravely raced upstairs to the medicine cabinet and took care of my own boo boo just like any real man would.

That is to say, I expertly affixed approximately 34 Band-Aids to cover the quarter centimetre wound and staunch the blood flow. This was supplemented by several splints, one tourniquet attempt and three feet of black electrical tape. (The latter was used just to see what I would look like if I decided to go out next Halloween as the Hamburglar.)

After dressing the wound, I did the only natural thing. I lamented that I didn't cut my middle finger because that would have been a much funnier injury to show people.

The very fact that you are reading this should hint that I am on the road to recovery – and again, I will handle this in a manly way, which means I will somehow insert my perilous wound into every conversation from here till the end of July. And somewhere along the way I will not be able to resist comparing it to the pain inflicted by childbirth – though I actually believe it is probably much worse. (Never forget, I went through all this without once using a breathing coach.)

For now, I think it should suffice to say that my recovery is going to be a long and painful affair, but only if you stop to chat with me between now and the end of July.



Loon Tales

steve
galea



pic of the past

Mr. and Mrs. William Cooper were pioneers on the south shore of Boshkung Lake in the last half of the 1800s. They celebrated their 50th wedding anniversary with their nine children in 1920. Front row from the left, Eveline Cooper Jones, Alma Cooper Redner, Mary Cooper Boice, Fanny Sims Cooper, William Cooper, George Cooper. Middle row from left, Samuel Redner, William Boice, Jane Bird Cooper, Lily Cooper Deacon, Jack Cooper, Ernest Cooper, William Cooper Jr., Amelia Boice Cooper. Back row from left, Lovella Sawyer Cooper, Annie Henderson Cooper, Alice Cooper Hewitt. Alfred Jones and James Deacon were absent. The last surviving member was Jane Bird Cooper who died in 1977 at the age of 90. /From the Echo archives.

letters to the editor

Moving transportation forward

Dear Warden Danielsen and members of Haliburton County Council:

Congratulations on your appointment as warden for the county for the next year. It is always reassuring to your electors to see our representatives step up to the plate.

Over the past decade Rural Transportation Options (RTO) has been working first to alert the community to the need for public transportation and then to encourage the county council to establish a transportation system which will fit with our community needs and our community demographics and geography. RTO has been joined in this work by the transportation taskforce. Representatives from social service agencies, from municipalities and from civil society make up the taskforce. In November 2017 the taskforce presented to county council a business plan for a locally appropriate transportation system which would incorporate existing services with a booked, shared-ride service to form a transportation system. County council allocated \$50,000 in the 2018 budget and hired IBI to prepare a transportation implementation plan based on a booked, shared-ride service.

There are transportation services in the county. However, they tend to have a specific clientele and specific reasons for accessing the service. Citizens who do not have a car are unable to engage in the life of the community whether it be a lunch with friends, curling, church, bingo, or movies. Without a car people are unable to get to jobs. This summer some of our businesses had difficulty finding employees, due in many cases to both the lack of housing and the lack of transportation. It is these gaps in services that a booked, shared ride service will fill.

In September, 2018, IBI presented its initial report

to the transportation taskforce and to county council. We were confused by this presentation as the report seemed to misunderstand the concept and implementation of the proposed booked, shared ride service. The service outlined in the initial report bore a strong resemblance to a fixed route service, a transportation option we know will not provide a good service to the citizens of Haliburton County.

Unfortunately the September session that IBI held with the taskforce was an information session, not a consultation. We are disappointed that through this whole process IBI has not tapped into the experience of the transportation taskforce (as a group or as individuals) or of RTO or any other agency. We ask that IBI consult with the taskforce in order to inform its final report to county council.

We also ask that county council, through its budgeting process, allocate funds to continue implementation of the booked, shared ride service as well as support for the transportation taskforce. Losing this expertise would be a real blow to transportation in the county. We also ask that county council include funding in the county budget for a transportation co-ordinator who can facilitate the implementation of a transportation system. To get work done you need hands and brains.

We thank the previous council for accepting that transportation is needed and for taking the initial steps in bringing transportation to us. We will cheer on your new council as you implement the booked, shared ride service. By the end of this council's term, let's have Haliburton transportation!

Heather Ross
Chair, Rural Transportation Options
on behalf of the RTO Committee

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Barry Devolin launches travel planning company

Former MP Barry Devolin has launched TravelMaven, a new tour and travel planning company and will host a TravelMaven Information Night at the United Church in Haliburton on Jan. 15 at 7 p.m. Everyone is welcome.

"After spending much of my adult life in politics, government and academia, I will now focus on my lifelong passion for travel," said Devolin. "I've travelled my whole life, and have developed my own travel style that I'd like to share with others."

Devolin says TravelMaven tours will be characterized by several features. First, they will be small groups (max 15 people), because he believes smaller groups are more time efficient and unobtrusive than larger groups. Second, these tours will involve lots of walking. Devolin believes the best way to see a place, especially great cities, is on foot.

Most tours will be for one week, will include one direct flight, and will be based in one hotel. This minimizes time spent moving around and packing/unpacking. Tours to more distant destinations may be two weeks long, or utilize two hotels.

Devolin has already planned three

trips for 2019: Paris - Springtime; Holland - Tulip Time; and Bavaria - Christmas Markets. A fourth trip in October will be announced soon. New destinations for 2020 are likely to include South Africa, Hong Kong and Seoul.

Devolin is also available for personalized travel planning. His specialty is longer, more complex trips, such as several months in Europe or Southeast Asia, or even year-long trips around the world. These plans will be offered on a fee-for-service basis.

"I believe that amazing and rewarding travel does not have to be crazy expensive. There are great options at every price point, especially if people are flexible with time and destinations," says Devolin. "For example, a week in Prague costs half what a similar week in Vienna would cost."

Devolin was the Member of Parliament for Haliburton-Kawartha Lakes-Brock from 2004 to 2015. After living in South Korea for two years, in early 2018 he returned to his hometown of Haliburton with his wife Ursula and children George and Molly.

-Submitted

Resolution

lake sealed beneath a lid of ice,
Wind slicing Air,
dawn yawning above me, birthing a bruise-stained Sky.
Sun still nestled somewhere beyond the hills,
as I shiver on the frozen shore,
waiting for it to hatch, to watch it spill its
light onto Snow,
to christen the newborn year.
I crunch across the crust of Snow, to greet the
old willow,
patting its trunk Happy New Year,
fingering the skin of ice cloaking a
clump of moss,
wondering what hibernates deep within me,
as I feel my bones rattle beneath my flesh,
staring out at the skeletons of trees that fringe
the other shore,
like a symphony of frozen notes, their limbs
bending in the Wind.
Something swelling within me, as I watch
Sky ripen and change,
smudging the thumbnail of Moon,
grateful for all this space that surrounds me,
as I step onto the ice, just Sky above me and
Lake below,
wondering whether fish swim slower
in winter,
whether they navigate the blackness by
instinct or their eyes,
as I slide along the ice, swirls of my Breath
painting the Air.
I wonder, as I watch for the Sun to rise,
what my resolution for this year should be,
though I know I will break it

before next week.
Wind lashes my cheeks, tears sprout in my
eyes from the cold,
maybe not think so much about things but
feel them instead.
My feet zig-zag across the ice, leading me
towards the frozen notes of trees,
maybe listen more to the spaces in between,
the pauses and the cracks.
I glance back at the tracks my feet
leave behind,
maybe meander more on my walks, and in
my thoughts,
instead of following a straight line.
Sky blushing above my head, light spilling
onto Snow,
the old willow's tresses gleaming gold, as I
squint at its majesty on the shore,
its solitude rooted deep within me,
yet how I also crave the quiet camaraderie of
the smear of trees quivering on the other shore.
I pause for a moment, just stand here
on the ice,
frozen as the trees, inhaling the silence that
sprawls all around me,
wishing the hills and Lake and Sky a Happy
New Year,
wondering what others' resolutions
might be,
as I gaze into the space between two trees,
light stroking Snow,
flooding my soul with peace.

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SUBWAY

2018 Year in Review

January

Feed company fears closure

Co-owners of the Great Haliburton Feed Company said they were unable to find a retail location in Haliburton that would suit their needs and announced their store would close in February. A new tenant was moving into the space the Feed Company was using and Charles McLeaney and Maureen Adams, co-owners of the store, were worried they wouldn't find homes for the cats and kittens up for adoption.

By Friday, Jan. 12, the Feed Company announced it had found a new home and was able to continue on. They moved to Mallard Road off Industrial Park Road and continue to adopt out animals.

Kindness clothing line launches

A clothing line featuring positive affirmations such as Be Kind, It's Cool to Be Kind, Be Brave, Be Fierce, and Kindness Matters was launched by Terri Mathews-Carl, co-owner of Rhubarb Restaurant. "We just thought, wouldn't it be great to have something on your shirt just as a reminder to people to be kind or that kindness matters and it kind of grew from there," Mathews-Carl said. The line is called Mathew Madlyn and includes a charitable component as well as spreading the message it's cool to be kind.

Community helps injured deer

A deer discovered in Haliburton village with an arrow protruding from its head received plenty of assistance from concerned residents in January. Dave Allen noticed the deer was regularly visiting his residence and alerted the Woodlands Wildlife Sanctuary. It was eventually captured and taken to the Aspen Valley Wildlife Sanctuary for surgery, which took place at the end of January.

Police investigate double homicide

Deidra Ann Smith, 35, and Ghislain (Justin) Robichaud, 34, were found deceased in the Glamor Lake Road area on Jan. 21. Both were from the St. Catharines area.

Study finds SafeSpace not sustainable

HERS, the Haliburton Emergency Rural SafeSpace in Minden, would need a different operating model and more money to continue its services, a representative from YWCA Peterborough Haliburton told county councillors on Jan. 24. The YWCA got in touch with the Minis-



Volunteers worked for weeks preparing the rinks on the pond at the Pinestone for the Canadian National Pond Hockey Championships in January of last year. /SUE TIFFIN Staff

try of Community and Social Services, which indicated it would help keep the space open.

MPP reacts to PC leader's departure

Local MPP Laurie Scott released a statement on Twitter calling the allegations against then-PC leader Patrick Brown "a shock to all of us." Brown was accused of sexual misconduct, allegations he has maintained are untrue. He resigned as leader of the party.

Former Minden curler goes for gold at Ontario Winter Games

Alyssa Denyer, a former Red Hawks curler studying at Laurentian University in Sudbury, went undefeated at the Ontario Winter Games qualifier in January. She and her curling partner Max Blais of Smooth Rock Falls would go on to compete in the Ontario Winter Games in March in Orillia.



Snowboardercross competitors speed down the hill during the Ontario Snowboarder/Ski Cross race hosted at Sir Sam's Ski and Ride in January. The race was part of the SO Speed Series SBX/SX. /DARREN LUM Staff

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February

Close calls on ice

The Dysart fire department warned the public to be careful on frozen lakes after 12 people went through the ice in the first two weeks of February. Local firefighters were called to Birch Narrows between Grass and Kashagawigamog lakes on Feb. 9 when four men travelling on two snowmobiles and an ATV went through the ice. Two got out on their own, two were rescued by firefighters, who used a boat to slide onto the thin ice. Three of the four were taken to hospital to be treated for hypothermia. Previous accidents had already occurred on Boshkung Lake and Twelve Mile Lake.

New ownership of Agnew's

Members of the Agnew family announced in February that Frank Meurer of Fort Erie had bought the iconic Wilberforce landmark, Agnew's General Store. Mary Barker told the *Echo* that her grandfather Fred took over the store in 1921. She said the family wanted to sell in order to retire.

Hawks send two curling teams to provincials

Dustyn McCready-DeBruin, Jonas Hill, Liam Little and Jacob Dobson of the boys curling team and the girls team of Jessica Byers, Mackenzie Tidey, Lena Haase, and Chelsea Flynn advanced to the Gore Mutual Provincial High School Championship on Feb. 15 to 17 in Sarnia. They made it there by winning the regionals in Toronto. The girls team finished second. The boys came in fourth.

County partners with HHOA to restore Gould's Creek

The Haliburton County roads committee agreed to shift \$10,000 from the Gelert Bridge project and \$10,000

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from reserves to help support a funding request by the Haliburton Highlands Outdoors Association to restore Gould's Creek. Funds received by the HHOA were matched by the Department of Fisheries and Oceans rehabilitation program up to \$155,000.

Red Hawks snowboarders head to OFSAA

The HHSS girls and boys teams earned their way to provincials after their strong showing at the COSSA championship at Sir Sam's on Feb. 15. Advancing as individuals: Lucas Bortolussi, Jake O'Neill and Coleman Heaven.

Tax levy increases 1.5% for Dysart

Councillors kept the property tax increase low at their budget meeting Feb. 20. The increase of 1.5 per cent amounted to an additional \$3.93 for every \$100,000 of assessment for residential properties; \$5.82 for every \$100,000 of assessment for commercial properties; and \$6.74 for every \$100,000 of assessment for industrial properties.

Five HHSS wrestlers head to provincials

Aidan Coles, Emily Klose, Matt Manning, Hannah Riopelle and Nic Graham had stellar performances at the COSSA wrestling championships on Feb. 22, and advanced to the provincials. From a field of 14 high schools, the Hawks finished third in the team category for boys and girls. Third place finishes went to Noelle Dupret Smith, Connie Oh, and Brooklyn Spence. Fourth went to Tyler Wilson, Owen Wootton, and Connor Spence.

A space for youth, by youth

Young people established a safe, open space for youth of all ages called 705 Tribe at the Rec Room on Wednesdays. Through their co-op program at HHSS and with support of their families and friends, Seamus Lynch, Xander Petrie and Wes Stoughton opened the doors to their peers in February to great success. The space allowed visitors to get on stage with musical instruments, play video games or pool, listen to music and feast on food provided by volunteers. The building the youth were using was sold. Efforts later in the year focused around the new Youth Hub, which received backing from area institutions and government funding.



Team Phoenix members charge into the water at the Lions Club Polar Bear Challenge during Frost Festival in February of last year. /DARREN LUM Staff

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The victorious Highland Storm Midgets celebrate their OMHA victory on home ice. / SUE TIFFIN Staff

March

Mulroney makes stop in Haliburton

Caroline Mulroney, one of four candidates to lead the provincial Progressive Conservative party into the upcoming June election, met with residents of Haliburton at the Legion on March 5. Mulroney told the Echo she came to Haliburton to shape her knowledge of issues on the ground. Doug Ford was eventually chosen as the leader, winning the June election. Mulroney is now attorney general of Ontario.

Opera singer wins prestigious prize

Soprano Lauren Margison, a fixture of opera in the Haliburton Highlands, was chosen as one of six winners of the George London Foundation Awards in New York City. Margison, 25, was among two other Canadians and three Americans to win the contest and take home \$10,000. She called it "one of the greatest honours of my career, and life."

Girls volleyball team heads to provincials

Thanks to hard work and special circumstances, the

HHSS girls volleyball team made it to OFSAA after the team that placed first at COSSA pulled out. The Red Hawks were in the second place position and were happy to embrace the opportunity.

Midgets win OMHA finals

The Highland Storm Midget team advanced to the Ontario Minor Hockey Association finals after winning three games against the Brighton Braves in early March. They took the title after defeating the Dunville Mudcats, with a series final at home at the A.J. LaRue Arena in Haliburton.

Lack of labour key finding in survey

A shortage of labour and skilled trained workers is one of the biggest hurdles to doing business in Highlands East, a business retention and expansion survey found. The results were presented at the March 7 council meeting. Almost half of the responses in the survey reported challenges with labour, giving the ability to find qualified workers and attracting new employees as fair to poor.

Highlands East increases tax levy 2.43 per cent

Councillors passed the 2018 budget at their March 7 meeting, with about \$10 million in total spending, \$5.5 million derived from property taxes. That meant a tax levy increase of 2.43 per cent over the last year - a tax rate increase of .92 per cent.

Coles places fourth at OFSAA

Red Hawks wrestler Aidan Coles placed fourth at the all-provincials in March. He finished the tournament with six wins and two losses. His placement was the highest in history for an HHSS wrestler.

Denyer has silver performance at winter games

Former Red Hawks curler Alyssa Denyer and her partner Max Blais earned a silver medal at the Ontario Winter Games held from March 1 to 4 in Orillia.

Hawks alumnus strikes silver at nationals in badminton

Darcy Schmidt captured silver at the national collegiate level for badminton, representing the Humber Hawks. With partner Cameron Lai, Schmidt won second place for men's doubles at the Canadian Collegiate Athletic Association Badminton National Championships held Feb. 28 to March 3 in Edmonton.

Campbell named Highlander of the Year

Andy Campbell, who headed up Haliburton County Development Corporation for 32 years, was honoured by the Haliburton Highlands Chamber of Commerce at their awards gala on March 17. Campbell, who retired in 2018 was honoured for his dedication and hard work over the years, boosting the economy of the Highlands.



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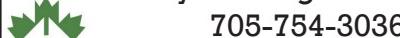
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Things got groovy, baby, at Canoe FM's Psychedelica '60s and '70s dinner and dance at the Haliburton Legion in April. The sold-out event was a fundraiser for the volunteer radio station. /CHAD INGRAM

Friends rally to keep Mike Bachynski moving

Haliburton resident Mike Bachynski was thrilled to receive donations from the local community to help him buy a new mobility scooter, his primary means of transportation. He started a GoFundMe page for the vehicle, which was spotted by friend Andrea Strano, who brought additional attention to the campaign, which resulted in raising \$4,000. More than \$1,400 was raised in two days and following the publication of an article in the *Echo*, an anonymous donor stepped forward offering to pay the remainder of the cost if the community got the total up to \$3,000.

County wins age-friendly community award

The minister of senior affairs awarded Haliburton County with the 2018 Ontario Age-Friendly Community Recognition Award for category 1. Health promoter Angela Andrews said the success came from taking direction from the county's seniors in addition to the support from all four lower-tier governments and the county. The award was given at a symposium in Toronto on March 26.

Coroner's inquest jury recommends construction safety measures

The coroner's inquest into the death of Haliburton construction worker John Francis Smith returned eight recommendations from jurors concerning safety equipment, practices and education. The inquest, held at Pinestone Resort March 21 and 22, examined the circumstances surrounding Smith's death on July 31, 2013, and included testimony from witnesses. John Smith was 37 when he died after falling 21 feet from the peak of the roof of a cottage he was helping to build.

Jaguars take top spots at curling championships

The JDHES Jaguars captured first, second and sixth at the Provincial Elementary School Curling Championships from April 5 to 8 at Carleton Place. The championships included 72 school teams. Hugh Nichol, one of the team's coaches, said he couldn't have been prouder of all the curlers.

Dysart approved for \$2.8 million grant for bioheat system

A wood-fuelled heating system for downtown Haliburton was approved for a \$2.8 million grant from the province. The system would have involved a central energy centre where wood chips would be burned, heating water in a boiler, that water then distributed throughout a series of underground pipes providing heat and water heating to buildings in the downtown area. The municipality would have owned the infrastructure and the revenues split in a public-private partnership. The funding for the project was later cancelled by the new provincial PC government. The project is not going ahead.

May

Youth Hub set to take off

A promise of funding from the province gave organizers of a youth hub the confidence to begin planning for a space for young people when they're not at school. On May 3, Point in Time Centre for Children, Youth and Parents announce that an application to the Ministry of Child and Youth Services had been successful, though they didn't yet know how much money was coming in. Haliburton County Development Corporation also committed \$33,000 to the project. Creating a safe space for youth has been a goal in the community for years, with many young people reporting there isn't enough for them to do when they're not in school.

Bishops leave Haliburton hand in hand

The family of Bob and Noreen Bishop spoke to the *Echo* about their choice of a medically assisted death. The Bishops had a long history of entrepreneurship in the Highlands, including in real estate, cable television, accommodations and Sir Sam's Ski and Ride. The couple both had major health issues in recent years and through consultation with two independent health-care professionals qualified for assisted death, a practice legalized in Canada in 2016. "They went the way they wanted to go," one of their sons, Chris Bishop, said. According to Chris, the Bishops were the first couple in Ontario to be able to have a doctor-assisted death together in their own home, and the second in Canada. On March 27, they died together holding hands.

April

Monster ice storm leaves businesses closed, buses cancelled

The county was pummelled with freezing rain, high winds and ice pellets from what Environment Canada called an "historic ice storm" in mid-April. The storm began April 14 and wreaked havoc in southern Ontario, causing power outages, bus cancellations and school closures, hundreds of flight delays, more than 1,000 car accidents and localized flooding in some parts of the province. A volunteer at the Haliburton observation site recorded 20 cm of snowfall on April 14 and 12 cm of ice pellets and another four to five millimetres of freezing rain on top of that on April 15.



Michelle Harris, a Haliburton resident and former student of Haliburton School of Art + Design spins wool into yarn at the Try It Fair in May. /JENN WATT Staff

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Haliburton Dance Academy's senior company performs "Pencil Full of Lead" tap dance at the recital in Haliburton in May. / JENN WATT Staff

Candidates emerge for upcoming provincial election

New candidates were declared for the provincial election in June. Zac Miller, a 20-year-old student, was chosen to represent the NDP and Laurie Scott, the incumbent, ran for the PCs. The Liberals selected Brooklynne Cramp-Waldinsperger, 22, also a student, as their candidate.

Naloxone kits added to quick response vehicles

Highlands East firefighters will be trained to carry and administer naloxone to opioid overdose victims in an effort to prevent overdose and deaths, Highlands East council heard May 2. The cost of the kits is covered by the Ontario Naloxone Program. Training was added to first aid training already in place.

Head Lake ice out date breaks record

The ice on Haliburton's Head Lake finally melted on May 5, marking 2018 as the latest ice out date on record since 1945. The previous record was set May 4, 1956,

according to notes of late local Haliburton resident Bud Thayer, who started recording the ice out history in 1945.

Highland Grove residents win \$1 million in lottery

Cheryl Ellis found out she won \$1 million in Lotto 6/49 when she was in Toronto, responding to what she thought was an emergency. Her partner and fellow lottery winner, Kevin Blair, was in the city getting medical treatment when he called her and asked her to come to Toronto. "I got my friend and we went down to Toronto on the Monday for the emergency and the emergency

was he needed me to go to the OLG with him to cash in the ticket," Ellis told the *Echo*.

Popular tree in Head Lake Park comes down following windstorm

The willow tree that grew over Haliburton's Head Lake Park bridge, used by young people for years as a jumping off point, or to swing from, was removed on May 9. A large part of the tree had snapped and was dangling over the river and bridge following a storm on the weekend. Arborists did an evaluation and found it was unsafe.

Harcourt welcomes new community centre

It took more than two years to replace the Harcourt Community Centre, which burned down at the end of November of 2015. Dysart et al Councillor Tammy Donaldson spoke at the official opening of the new building in May. "From the ashes of the old community centre ... [comes] this state-of-the-art facility I'm sure you're all excited to make new memories in." The new 4,000-square-foot space includes a large hall, kitchen, room for a stage, washrooms and storage space. Insurance paid \$800,000 and the new building was more than \$1 million.

Retreat centre offering tranquility in a time of need

The Abbey Retreat Centre officially opened in May, offering retreats over four days - Thursday through Sunday - for people with cancer and their caregiver/primary supporter. The space is a former home, which has been modified to host between 10 and 12 participants. There are gathering spaces, counselling rooms, spacious bedrooms and an expansive balcony.

Church chosen for youth hub location

On May 24, Stephanie MacLaren, VP of community programs for Haliburton Highlands Health Services, told the HHHS board that the group had put an offer on the Lighthouse Pentecostal Church on Dysart Avenue in Haliburton. The space was called a stepping stone to get the hub off the ground quickly.

Municipal candidates file nomination papers

Those seeking municipal office began to put their names forward to run for office. Among them, Deputy Mayor Andrea Roberts put her name forward to run for the mayor position in Dysart et al against longtime incumbent Murray Fearrey. Dennis Casey, a councillor with Dysart, put his name forward for deputy mayor, as did Patrick Kennedy.

Staffing issues worsen at emergency department

HHHS CEO Carolyn Plummer said even though physician recruitment has been a top priority, there still aren't enough emergency department doctors for the coming summer season. At the board meeting May 24, she called the situation a crisis and outlined efforts to bring doctors to Haliburton to assist with emergencies.

Explosives detonated on Haliburton Forest property

The Explosive Disposal Unit alongside members of the OPP responded to a call to Haliburton Forest on May 31 after what turned out to be deteriorated explosives and old detonators found stored together in a shed were moved to a workshop and then to the main office at Base Camp.

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Girls soccer team wins COSSA championship

The Red Hawks junior girls soccer team won the COSSA championship title with a thrilling 1-0 win in overtime on May 31. Head coach Janice Scheffee said the victory was special because of the work put in by the team. "Their skills have improved the entire season. They're highly athletic, so today it all came together at the right time," she said.

Badminton pair compete at OFSAA

Red Hawks badminton doubles players and friends Owen Patterson-Smith and Ben Schmidt competed against the best badminton players in the province at the OFSAA championship. They attended as the second seed from COSSA, where they finished as a C flight quarter-finalist in Windsor. Although they didn't advance to the finals at OFSAA, the pair were thrilled at the experience.

Red Wolves compete at national games

On Sunday, May 13, five Haliburton County Red Wolves Special Olympics athletes, Alyssa Whitaker, Skylar Pratt, Emily Boccitto, Carrie Crego and Jason Cochrane, left Minden to compete in the Special Olympics National Games in P.E.I. The bowling team won silver. New friendships were formed and over the course of seven days they got to see the province during a once-in-a-lifetime opportunity.

June

Scott elected into PC majority

Laurie Scott was elected to serve as MPP for Haliburton-Kawartha Lakes-Brock and for the first time her seat was on the government side of the legislature. Scott, first elected in 2003, claimed her fifth electoral victory on June 7 as the Progressive Conservative party swept its way to an easy majority. She took nearly 57 per cent of the ballots cast in the riding.

West Guilford family loses home to fire

Val and Mike Balaski were able to get themselves and their dog out safely when a fire engulfed their home in flames on June 8. No one else was home at the time. Firefighters from Dysart et al and Algonquin Highlands responded to the blaze. Donations quickly began flowing in from the community, helping the family deal with the emergency. No injuries were reported.

500 acres donated to land trust

The Haliburton Highlands Land Trust announced at its June 2 AGM that close to 500 acres had been donated to the charitable organization, to be known as Barnum Creek Nature Reserve. Leopoldina and Margaret Dobrzensky donated the acres plus an additional 100 acres that will be protected through a Conservation Easement Agreement. This is the land trust's fifth nature reserve.



Owen Patterson Smith wrapped the events of the evening - and of the last 18 years - into a meaningful message in his valedictorian address at the HHSS graduation last June. /JENN WATT Staff

Nesbitt earns berth to OFSAA

Long jumper, Grade 9 student Sterling Nesbitt, earned a berth to OFSAA by jumping 4.69 metres at the East Regional OFSAA competition, breaking the 56-year school record of 4.62 metres. On June 7, she travelled to Toronto for the competition, jumping 4.62 metres, just shy of her record. She finished in the top 20 in the province. "It was very surreal and I still can't believe I made it that far," she told the *Echo*.

Schmidt and Klose named athletes of the year

During the annual athletic banquet at the high school on June 12, Ben Schmidt and Emily Klose were named the school's Athletes of the Year. Schmidt was involved with badminton, cross country, soccer and track and field. Klose was part of field hockey, wrestling, badminton and soccer.

Youth hub confirms \$985,000 in funding

Executive director Marg Cox announced at Point in Time's annual general meeting on June 12 that Haliburton's forthcoming youth hub secured \$985,000 in funding from Youth Wellness Hubs Ontario. The funds are broken down into three years with an additional \$85,000 for

capital. "It's almost beyond words," Cox said. The hub is located in the former Lighthouse Church on Dysart Avenue in Haliburton.

JDHES students make it to math finals

A team of Grade 7 and 8 students consisting of Molly Devolin, Jackson Wilson, Matthew Wilson and Emerson Wilson and coach Mike van den Hengel made the provincial finals, the Ontario Mathematics Olympics, from June 8 to 9 in Oakville. The team believed they were in the top half of the 32 team field of entries.

Escaped emu sends residents on wild-goose chase

An emu was found safe after spending nearly 24 hours on the loose in Haliburton. After flying the coop from a private residence, the emu was spotted along Kashagawigamog Lake Road and at the Haliburton Highlands Golf Course before being captured. Sue MacDonald of Killara Station offered to take the emu in as a pet after it escaped from its original owner on June 19. The owners had hoped to find a new home for the bird.

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Artwork makes statement in Haliburton's downtown

Six sculptures were installed along Highland Street bringing a new artistic flare to the downtown. The pieces were on display until October as part of a downtown sculpture project, co-ordinated by the Haliburton BIA and Haliburton Sculpture Forest and supported by HCDC.

Clark named senior of the year

The first person to be named Senior of the Year by Highlands East was *Echo* columnist and super-volunteer Hilda Clark. On June 20, she was presented with a plaque during a special ceremony at the Lloyd Watson Centre. "I would like to grow up to be as generous and hard working and as bright and as much a pleasure to know as Hilda Clark," said Councillor Joan Barton during the ceremony.

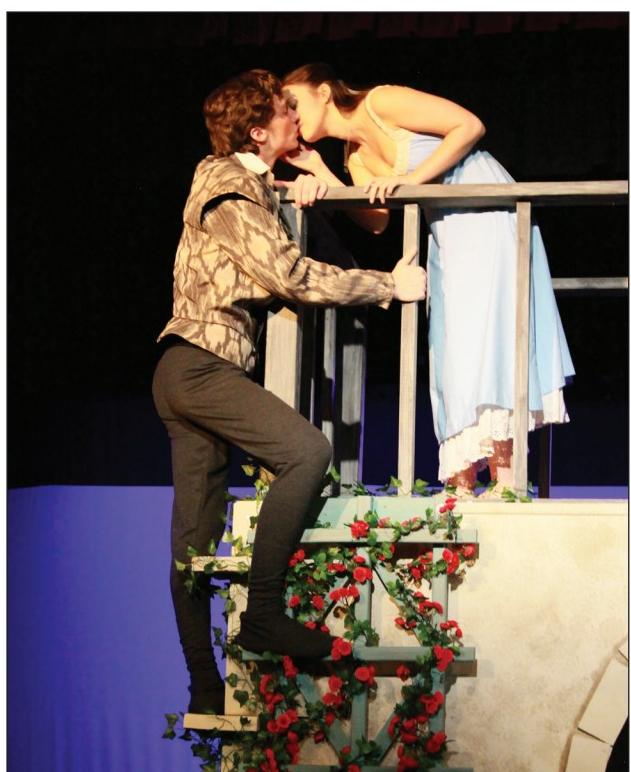
Grads say goodbye

Students were congratulated on their years of work at ceremonies at each of the county's schools. At the high school, Emily Domerchie was given the Governor General's Academic Medal and Mikaela Kauffeldt received the Lieutenant Governor General's Award for Community Service.

July

Owens named Citizen of the Year

West Guilford volunteer and musician Kathleen Owens was this year's recipient of the Citizen of the Year award given out at the Canada Day celebrations in the



Romeo and Juliet share a kiss atop the balcony in the Highlands Summer Festival production last July. The festival offerings are a big draw to Haliburton each summer. /LORNE CAMPBELL Special to the Echo

hamlet. The honour was given to Owens due to her commitment to the church and community. Her nephew, George Cooper, gave out the honour along with a speech about Owens's life, which started in Maple Lake.

Fire ban in effect

A fire ban was declared on July 9 for the entire county. Dry conditions, high heat and the lack of forecasted rain led to an extreme fire risk. All permits were cancelled and all open fires and campfires prohibited.

Province cancels bioheat projects

A wood-fuelled district heating system for Haliburton Village was cancelled after the province's new PC government terminated the contract in early July. Similar projects proposed for Minden and Highlands East would not proceed.

Charges laid in double homicide investigation

Three residents of St. Catharines were charged in relation to the homicide of Deidra Ann Smith and Ghislain (Justin) Robichaud, whose remains were found in Highlands East earlier in the year. Jesse James Wallace, 36, and Lindsay Elisabeth Luise Ainsworth, 37, were both charged with two counts of second degree murder and two counts of indignity to human remains, according to the OPP. Alexis Adele Yorke, 36, was charged with two counts of accessory after the fact to murder.

Dysart upgrades park security

In the wake of incidents of vandalism in downtown Haliburton, Dysart et al invested in an upgraded surveillance system. Councillors voted on July 23 to purchase rotating video cameras with low-light infrared technology for the downtown and Head Lake Park. On July 2 the Lily Ann Thrift Store was broken into and Head Lake Park was vandalized soon after.

Health inspection information goes public

On July 1, the health unit launched a new website and signage initiative aimed at better informing the public about the results of recent inspections. Called HKPR CheckINspection, information would be available about whether the facility passed or failed as well as infractions received. Facilities included on the website include restaurants, beauty and body art businesses and recreational water facilities.

Burton has competition in mayoral race

Joining with other candidates announcing their bids to represent constituents in the municipal election, Cheryl Ellis filed her papers to run against incumbent Mayor Dave Burton. She said she wanted to focus on housing, a full-service ATM and transportation.

Fire at Hydro One station knocks out power to thousands

A large fire at a Hydro One substation along County Road 21 on July 26 knocked out power to more than 22,000 customers – all of Haliburton County – for a six-hour period. The county's fire departments battled the



TurboProp played a sold-out show at the Haliburton Highlands Museum in July of last year. /HUW MORGAN Special to the Echo

blaze that night and Hydro One restored power remarkably quickly. "They were able to re-route power through alternate lines," a spokesperson told the *Echo*.

Extraordinary weather hits county with hail

Haliburton County residents were assessing damage and sharing storm stories after the area was pummelled with torrential rain, gusty winds and golf ball-sized hail on July 26. Approximately 23 millilitres of rain fell on the region, winds toppled trees and hail damaged cars, smashing windshields and shedding awnings.

August

Duchene launches Haliburton clothing line

NHLer Matt Duchene released a new clothing line featuring Haliburton-based logos with the word "hali." and the shape of the county. The hoodies, T-shirts and hats were ready in time for Midnight Madness in August. A portion of the proceeds went to Food for Kids Haliburton. The design was the result of a collaboration between Duchene and graphic designer Bre Creelman.

HE looks at short-term rental bylaw

A draft short-term accommodation licensing bylaw was put forth by council on Aug. 1 to be passed following a public meeting at the end of the month. The CAO said it was not intended to discourage people from renting out their residence. The municipality had previously

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created a short-term accommodations task group to find solutions to common issues associated with cottage rentals including zoning infractions, noise, parking, building deficiencies, health and safety and environment.

Energy efficiency program ends for hospitals

A funding source that provided nearly half a million dollars to Haliburton Highlands Health Services last year to improve energy efficiency came to an end. The Hospital Energy Efficiency Program, which was funded with cap-and-trade dollars, was cut. HHHS had applied for \$466,000 in the coming year to complete a lighting upgrade, replace air-cooled chillers and air conditioning, perimeter heating and high efficiency laundry equipment.

Pavilion proposed as part of park in Highlands East

A new boat launch, walkways, a central lawn and multi-use pavilion were elements of a proposed conceptual design for what will be Herlihey Park in Wilberforce. Residents attended a special meeting of Highlands East council on Aug. 18 at Lloyd Watson Centre to hear a presentation by landscape architect Peter North. The land, a seven-acre property bordered by Wilberforce's main street and Dark Lake, was donated to the municipality by Carol Marcus, daughter of the late Harold Herlihey.

Seniors shine at provincials

The Ontario 55+ Games provided an opportunity for adults over 55 to be active and involved in the community. A thousand participants competed in 18 events in Mississauga at the provincials Aug. 10 to 12. Forty-six Haliburton/Muskoka competitors participated. Many of them took home medals.

Criticism for short-term rental bylaw

The public meeting announced earlier in the month to gather feedback on two short-term rental bylaws in Highlands East was dominated mostly by those speaking against. About 100 residents filled the Lloyd Watson Centre in Wilberforce for the meeting on Aug. 29. Among features proposed: a licensing fee of \$300 to cover a three-year period; a limit of two renters per bedroom plus an additional two people per household; a minimum rental of five consecutive nights; and a limit of one rental dwelling per person per lake. Concerns were raised about the working group that had crafted the proposed rules, the lack of minutes from the group, and that the bylaw was micro-managing people.

Nine national medals for area seniors

The Haliburton/Muskoka team participated in the Canada 55+ Games in St. John, N.B. from Aug. 21 to 24. Medallists from this region included Robert Pearce, Karen Heaslip, Bev Kerr, John Kerr, Sharon Ferris, Frank Ferris, Jane Symons and Kaye Bull. Although the games are about competition, the real goal is to bring people together, organizers said.



Hike participants look over the edge of one of the holes bored into bedrock at the Harburn Wells during Hike Haliburton in September. Hike leader John Etches, left, said the theory is that whirlpools created by glacial meltwater spun rock around over the course of thousands of years, resulting in the wells. /JENN WATT Staff

September

Short-term rental bylaw on hold

Highlands East council decided at their Sept. 5 to gather more public input before moving forward on a short-term accommodations bylaw. Met with strong opposition to a draft bylaw during a public meeting in August, councillors decided to take a step back and re-evaluate how they were going about regulating.

Reinspections find high risk septic systems in Highlands East

Malfunctioning septic systems were found in the re-inspection program in Highlands East and staff reported that property owners were receptive to fixing the problems identified. During the course of the summer, inspectors went to 537 properties on Gooderham Lake, Dark Lake and Grace River and Lower Paudash Lake. Sixteen steel tanks were found during the evaluations. Between five and seven per cent of systems on the lakes were deemed high risk and between three and five per cent very high risk.

New HHSS principal gets warm reception

Chris Boulay took over the leadership of Haliburton Highlands Secondary School in September from Dan

Marsden, who is now principal at Ridgewood Public School. Boulay was born and raised in Cornwall and attended University of Ottawa. He said he wanted to move to the area because this is where his wife's family is. He said he'd received a warm reception from the community.

Retirement facility proposed for Haliburton

A retirement facility offering both independent and assisted living units was proposed for 1 Sunnyside St. in Haliburton, the old college property. A representative of Gardens Retirement Development Inc. visited Dysart councillors during their Sept. 24 meeting. The company has constructed retirement facilities in other communities including Parry Sound and Uxbridge.

HHSS plans to eliminate \$250,000 deficit by March 31

Haliburton Highlands Health Services was working to return to a balanced budget following news of a year-to-date deficit of \$250,000 as of the end of July 2018, the board heard at their Sept. 27 meeting. "This negative position is largely the result of the ongoing operating deficits in our long-term care homes, coupled with the recent change in government that has resulted in a freeze on some of our revenues, as well as the associated increased costs of implementing Bill 148, Fair Workplaces, Better Jobs Act," a press release from HHSS said. The release said a plan was in place to return to a balanced budget by March 31.

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Children roll their pumpkins down York Street for the pumpkin roll contest at ColourFest 2018 in October in Haliburton. The pumpkin roll had 60 entrants participate in four age categories. Each category had four winners: longest, waggiest, shortest and closest to the marked square. / DARREN LUM

October

Wilberforce and Gooderham LCBOs lose a day in winter

Highlands East resident Linda Nottage told council that the LCBO's decision to reduce the hours at their Wilberforce and Gooderham locations over the winter would direct customers from the community and toward Haliburton or Bancroft instead. The change would see the Gooderham LCBO closed on Mondays while the Wilberforce LCBO would be closed Tuesday during the winter. Council agreed to write a letter to the LCBO voicing their displeasure, copied to MPP Laurie Scott, MP Jamie Schmale and Premier Doug Ford.

Closure date set for landfill

At the environment and conservation committee on Oct. 4, councillors were presented with documents from the Ministry of Environment which specified that "no additional waste shall be landfilled at the site [the Haliburton landfill] after Jan. 1, 2021 at which time the site will operate as a waste transfer station."

The change will likely come with a cost to users, though how much and who should pay will be up to council.

Election results come in

Voters delivered a major change to Dysart council on Oct. 22, electing several new councillors and changing

the mayor. Andrea Roberts won the race for mayor with 3,445 votes. Incumbent mayor Murray Fearrey received 2,513. Patrick Kennedy was elected to the role of deputy mayor with 3,248 votes. Dennis Casey, also vying for the position, received 2,469. Other successful councillors in Dysart included Nancy Wood-Roberts, Larry Clarke, Tammy Donaldson, John Smith and Walt McKechnie.

In Highlands East, Mayor Dave Burton retained his seat, receiving 1,557 votes over Cheryl Ellis, who got 1,211. Other elected councillors: Cam McKenzie, Suzanne Partridge and Ruth Strong. Councillor Cec Ryall was acclaimed.

Haliburton Forest wins tourism award

Haliburton Forest and Wild Life Reserve was the winner of the Sustainable Tourism Award at the Ontario Tourism Awards of Excellence Gala in Windsor in October. The award recognizes a viable and sustainable contribution to the practice and promotion of sustainable tourism in Ontario.

Carol Off speaks in Haliburton

Veteran journalist and author Carol Off spoke before a packed ballroom at Pinestone Resort on Oct. 26 about her experiences reporting in Afghanistan and a family she met and eventually aided in immigrating to Canada. The story is detailed in her book, *All We Leave Behind*, which informs about the broken refugee system. The talk was a fundraiser for the Friends of the Haliburton County Public Library.



Ron Draper asks candidates vying for municipal office about their long- and short-term plans for job creation at the all-candidates meeting for Dysart on Thursday, Oct. 4 at Fleming College Haliburton campus./DARREN LUM Staff

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Heritage Ballet dancer Sydney Parish leaps across the runway during her Creep number (choreographed by Julie Barban) at the wearable art event Fashion Fallies in November at Haliburton School Art + Design./DARREN LUM Staff

November

Community mourns loss of Carol Lefebvre

Haliburton resident Carol Lefebvre was remembered as a woman who lived passionately and was "up for anything." She enjoyed dancing, laughing and could "feel the music to her soul." Lefebvre died after being hit by an SUV on Nov. 9 near the intersection of Victoria Street and Maple Avenue in Haliburton.

Camp Adelaide to close in 2019

The *Echo* reported in November that Camp Adelaide, owned by the Ontario Girl Guides, would be closed at the end of 2019 and put up for sale in 2020. Of the 17 Girl Guide camps in the province, 16 will be put up for sale in the coming years. Camp Adelaide is east of Haliburton Village on Highway 118.

Haliburton Forest brings leadership award home

Two decades after becoming the first company in Canada to be certified as sustainable by the Forest Stewardship Council, Haliburton Forest and Wild Life Reserve was given a leadership award in recognition of their work. Sixteen individuals and organizations were honoured by the Forest Stewardship Council, an independent non-profit organization, at a ceremony in Chicago in November.

Mary Poppins to be part of upcoming summer festival

Highlands Summer Festival announced the lineup on Nov. 18 for the 2019 season. *Mary Poppins* will be opening the 20th season of the festival, followed by performances: *Six Dance Lessons in Six Weeks*, *The Ladies Four-some* and *Trudeau Stories*. TorQ percussion quartet will perform at the end of July, 2019.

Living wage in county: \$19.42

The health unit got people talking when it released living wage calculations for Haliburton County, stating a family of four with both parents working full time would each have to make \$19.42 an hour to cover basic expenses in 2018. The Ontario minimum wage is \$14 an hour. The information was released by the Ontario Living Wage Network, which gave estimates for communities across the province. Among the 22 communities where a living wage was calculated, Haliburton County was the second highest total, after Toronto. Living wages vary based on the cost of necessities such as food, housing, phone, internet, transportation, child care, continuing education and medical/life insurance.

Changes for 'double-hatters' welcome news

The Ford government tabled legislation proposing changes to firefighting services, which was heralded as good news for rural Ontario communities. Part of the government's Bill 57, introduced in mid-November, it eliminated the barriers to "double hatting," full-time firefighters who serve with departments other than the one where they are centrally employed, such as volunteer fire departments where they live.

Councillors say farewell to Murray Fearrey

At the final Dysart et al and Haliburton County council meetings, longtime mayor Murray Fearrey was thanked for his service of more than four decades. He received a standing ovation at the Dysart council meeting on Nov. 27 after being praised by Councillor Walt McKechnie for his role in many of the institutions in Haliburton today including the college, the hospital, the library, streetscape, park, arena and skate park.

Student housing proposed for college

Greg Bishop, a planner, surveyor and engineer, told Dysart council on Nov. 27 that he plans to construct student housing at Haliburton School of Art + Design. The housing would need nearly three hectares of property from a nearly 16-hectare lot off of College Drive near Glebe Park. The location is an easy walk or bike ride from campus, where lack of student housing has been an issue for years. It could be a couple of years before housing is constructed and open.

Peter Fearrey remembered by HHHS

Haliburton Highlands Health Services staff grieved the loss of Peter Fearrey, who died on Nov. 26 in his 62nd year. Fearrey had worked for HHHS for 43 years and was director of facilities and special projects. He retired in 2017. "You cannot go anywhere in any of our facilities without seeing some sign of Peter, in some way, shape or form," CEO Carolyn Plummer said at an HHHS board meeting Nov. 29.

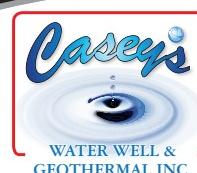
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McDonald given Community Recognition Award

Craig McDonald was honoured by the Algonquin Gateway Business Association at its annual general meeting on Nov. 29, given the Community Recognition Award. McDonald, the owner of Wilberforce Foodland, was chosen because of his commitment to charity and helping the community. Runners up included Roberta Walsh of the Bostonian Motel; Rob Watson and Karen Warner of 13 Oaks Firewood; and Ann Corrigan of Harcourt Park Marina.

December

Highlands East first to allow retail marijuana stores

At their meeting on Dec. 6, Highlands East council decided to opt-in to allowing cannabis retail stores within the boundaries of the municipality. Recreational cannabis was legalized in Canada in October and in Ontario, access to marijuana has been made available online only, through a government-run online store. The province plans to roll out the private recreational cannabis store option as of April 1, 2019. Municipalities had until Jan. 22, 2019 to opt out of allowing marijuana stores within their boundaries.

Enviro-heroes honoured by land trust

The Haliburton Highlands Land Trust selected three

environmentalists as 2018's enviro-heroes. Carolyne Coburn, Eric Lilius and Andrew Carmount were this year's recipients. The annual awards are given to those who "protect and sustain our natural resources through education and stewardship," said the land trust's chairwoman Mary Lou Gerstl, during the presentation on Dec. 6.

Cec Ryall named deputy mayor of Highlands East

Councillor Cec Ryall was elected to the deputy mayor position after being nominated by Councillor Cam McKenzie and given a vote of support by Mayor Dave Burton on Dec. 6, during a Highlands East council meeting. Councillor Suzanne Partridge, who has held the position since 2010, was also nominated for the role by Councillor Ruth Strong.

Short-term accommodation committee scrapped

A possible short-term accommodation committee in Highlands East received 28 applications for membership with 12 being from the same area and 15 having rentals. In an address read following closed session at a council meeting on Dec. 6, Mayor Dave Burton read from a statement saying the issue had been contentious and divisive and that council felt they needed more information before deciding which approach to take on regulating short-term accommodations. They decided to put out a survey with results made public, "beef up" bylaw enforcement, hire a septic inspector, meet with the OPP about noise concerns and put together an education package for renters.

County councillors get glimpse of transportation plan

Haliburton County councillors received a report during a Nov. 28 meeting regarding the transportation implementation plan it hired firm IBI Group to complete. "They have agreed that a request-based system is the system of choice for the County of Haliburton," county planner Charlsey White told council. A request-based system would include a shared ride service with trips booked ahead by users, as opposed to a fixed-route system, which is the traditional city bus system. A finalized, detailed plan will be presented to county council in 2019.

County, lower-tier municipalities opt-in on marijuana stores

Haliburton County council, along with the councils of its lower tier municipalities, opted in to allowing cannabis stores within its boundaries and staff has been asked to produce a policy statement. The county decision was made at the Dec. 12 council meeting. Each of the lower-tier municipalities agreed to opt-in at their own council meetings.

Danielsen sworn in as warden

Algonquin Highlands Deputy Mayor Liz Danielsen was sworn in as warden of Haliburton County, a one-year term, at a ceremony on Dec. 11. The warden is chosen by the members of county council, which are made up of the mayors and deputy mayors of the four lower-tier municipalities. Highlands East Mayor Dave Burton put his name forward for deputy warden. He was the only one to do so. The vote on that decision will be made in January.

Old skate park repurposed into outdoor skating rink

Rink sideboards were installed in mid-December through a collective effort of the Rotary Club of Haliburton and the municipality of Dysart et al in the space that was once the skate park, near the library in Haliburton. In the winter, the rink can be used for skating or hockey and in the warmer months, ball hockey.



Santa waves to onlookers at the annual parade down the main street in Wilberforce. After, kids went inside to meet St. Nick in person. /SUE TIFFIN Staff

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Acrobat – tribute to U2 (Jan 26)

The rocking sounds of U2. They actually performed on stage with U2 in Toronto in 2015.

Little Bones – tribute to the Tragically Hip (Feb 1)

What would a hockey weekend be without Tragically Hip music? Little Bones is one of the best at recreating the legendary sound of the Hip!

Arden & the Tourists (Feb 2)

A pond Hockey and Haliburton favourite. This event sold out last year! Limited number of tickets are available.

Pond Hockey players and volunteers are FREE.

Tickets are \$20 + tax/sc in advance. Doors open at 9pm. Online tickets available through our Facebook page or website. www.canadapondhockey.ca

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Sign up to improve retail and service skills

If you're looking for a new career or want to upgrade your employment skills, Cook it Up and Ready for Retail are coming back to the Highlands in 2019, thanks to SIRCH Community Services. Registration is now open.

These free programs, one in food ser-

vices training and one in retail training, are 16 weeks long and will begin on Jan. 28 and run until May 13. Participants attend two to three days each week, so could easily combine this program with part-time employment. They will learn the skills employers look for most, will

receive certifications as well as get hands-on experience for nine weeks. In fact some employers are sending part-time staff to gain valuable skills, at no cost to them.

"Employers love graduates of these programs," said Judith Bamford, co-ordinator of the 2019 programs. "Graduates have been immersed in customer excellence and communication training, and have practical experience. Over 90 per cent of graduates from both programs were employed following the training last year. That's such a win-win."

Each program can take up to 12 students. Applicants 29 or under may be eligible for additional funding, but there are no age restrictions and everyone enjoys a free lunch! The programs offer a supportive approach and positive learning atmosphere. If you haven't worked for awhile, or lack confidence, this is a great place to start back into the labour market. Transportation may be available to those who need it.

Cook It Up trainees will do their practicum at Molly's Bistro Bakery in Minden, where every Tuesday starting in March

they will cook a three course meal for the public. Ready for Retail trainees will be placed in businesses that match their interests. Both programs offer networking opportunities with businesses and employers in the community.

"People should call and get their names in now. This is one-of-a-kind training that only happens in Haliburton County. There's no cost to those who are accepted into the program; there is a high likelihood of being employed at the end; trainees receive various certifications as well as practical experience and confidence," said Bamford.

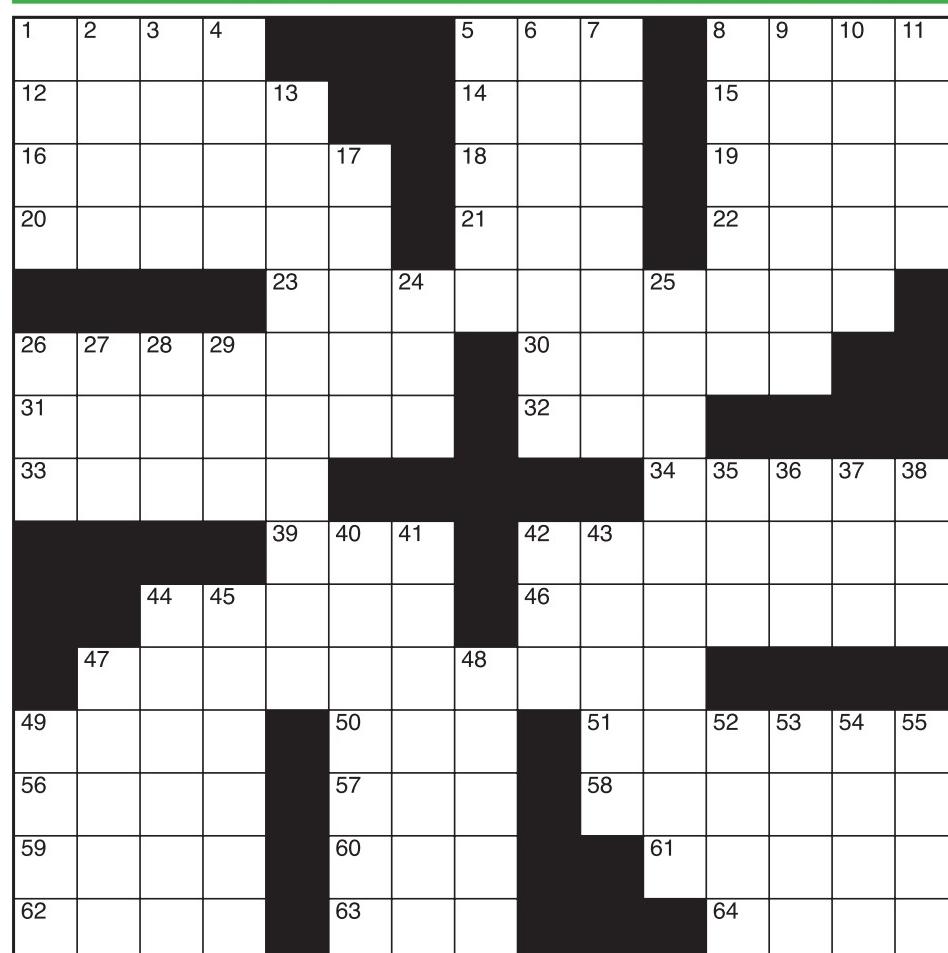
Classroom training takes place in Haliburton, with on-the-job training happening in various locations.

SIRCH provides Cook it Up and Ready for Retail in partnership with City of Kawartha Lakes Social Services, John Howard Society, Fleming College, Victoria County Career Services, Molly's Bistro Bakery and Thrift Warehouse.

Those interested in the programs are encouraged to contact Judith at 705-457-1742 or at judith_bamford@sirch.on.ca.

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CLUES ACROSS

1. Class
6. Husband or wife
12. All the same
16. Exclamation of surprise
17. Lived in
18. Hawaiian entertainer
19. Of I
20. Belonging to me
21. One thousandth of an inch
22. Midway between south and east
23. Article
24. Pitchers have them
26. Steps
28. Mars crater
30. — route: on the way
31. Diego, Francisco, Anselmo
32. A baglike structure in a plant or animal
34. These three follow A
35. Frail
37. Platforms
39. Level
40. Computers
41. Where spiders live
43. An enemy to Batman
44. Mineral
45. Body part
47. Give
48. Atomic #21 (abbr.)

CLUES DOWN

1. Form a whole
2. Indicates position
3. Moves in water
4. Diminutive
5. Old English letter
6. "Save the Last Dance" actress
7. Dab
8. Digits
9. Female cattle's mammary gland
10. Yes
11. Improves
12. We all have one
13. Book of Esther antagonist
14. Invests in little enterprises
15. Organs that produce gametes
25. Mediterranean city
26. Peter's last name
27. Unhappy
29. Swollen area within tissue
31. "No __!"
33. Soap
36. Chop or cut
38. "Atonement" author McEwan
39. Bullfighter
41. Of the universe
42. Founder of Babism
43. Not good
46. Large, flightless bird
47. Punitive
49. Makes less messy
51. Belts out a tune
53. Aboriginal people of Japan
54. An eye protein
55. Broad sashes
58. Actress Spelling
60. Distribute
64. Unpleased
65. Body art
68. Midway between north and east
69. Overdose

Answers on page 24



Fox Sighting

Belinda Gallagher took this photo of a healthy looking fox on her marsh near Tory Hill.



We would like to thank the following businesses for helping us spread the word about the SIRCH Gifts from the Heart Campaign and the need for funds:

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West Guilford Shopping Centre

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Minden Times/

County Life

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Moose FM

Patient News

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And from the bottoms of our hearts, we also want to thank EACH AND EVERY ONE OF YOU who contributed to the Gifts from the Heart Campaign.

Thanks to you, we will be able to provide thousands of healthy meals to those in need over the coming months.





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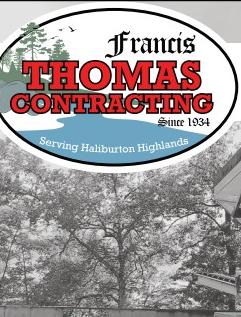
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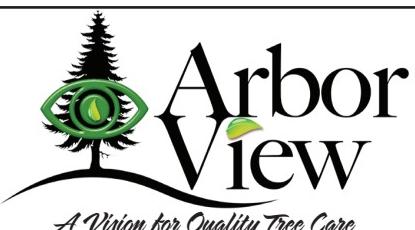
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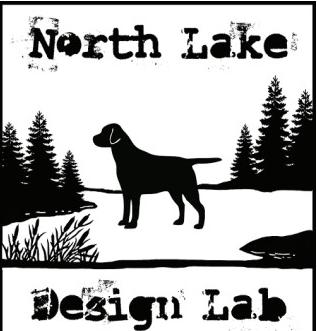
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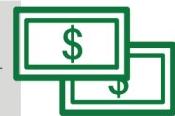


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UPCOMING Community Events

Want to get your event in Community Calendar? It's free! Contact Pat at classifieds@haliburtonpress.com

Environment Haliburton Enviro-Cafe

When: Tuesday, Jan. 8 at 7:30 p.m.
Where: Haliburton United Church, 10 George St. Haliburton
What: Join us to learn about and discuss possible solutions to our plastic waste crisis. Refreshments served. Admission by donation. Call Susan for more info: 705-457-9239

Haliburton: No-Family Doctor Immunization Clinic

When: Wednesday, Jan. 9
Health Unit office (191 Highland Street, Unit 301) in Haliburton. Free immunization clinics for families without a doctor. To book an appointment, call the Health Unit at 1-866-888-4577, ext. 1507.

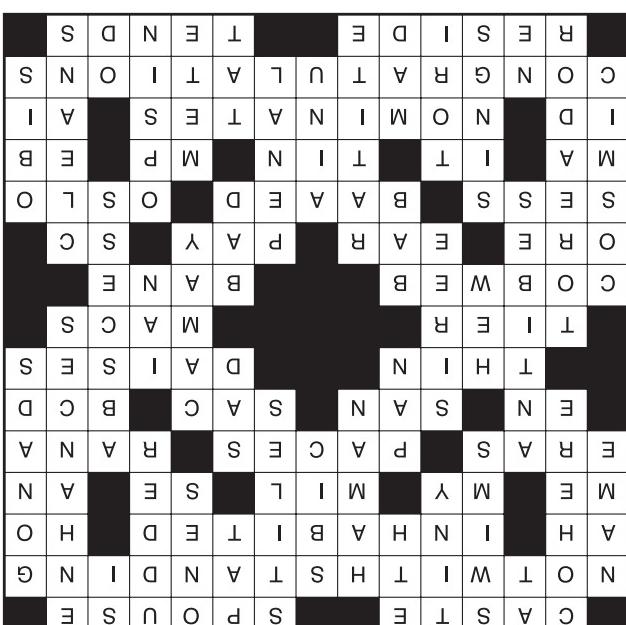
Haliburton: Sexual Health Clinic

When: Wednesday, Jan. 9, 10:30 a.m. to 12:30 p.m.
The clinic provides clients with confidential access to cervical screening, low-cost birth control, pregnancy testing and sexual health teaching. Testing and treatment of sexually transmitted infections are also provided. For more information, locations or to make an appointment, call the Health Unit at 1-866-888-4577, ext. 2205.

The Highland Trio in the Clubroom

When: Saturday, Jan. 12, 3 to 6 p.m.
Where: Haliburton Legion, Clubroom
Cost: \$5 cover charge for non-members
50/50 draw at 6 p.m. There will be no dinners offered at these events.
For more information: www.haliburtonlegion.com

CROSSWORD ANSWERS



New year brings time to reflect

community news

wilberforce

Hilda Clark
448-2018

A new year! Always a time to consider the past year with good times, sad times, accomplishments and change. A time to anticipate new opportunities and how to manage them as the new year begins. We hope 2019 will be a fine year for all, especially *Echo* readers!

Hope Christmas time with happy gatherings with family and friends was one to remember with joy.

The autumn term at the Wilberforce Elementary School ended with a Christmas concert at the Lloyd Watson Memorial Centre. The Grade 4/5, 6/7 and 7/8 classes presented songs and dances for the audience of family and friends.

The Wilberforce FunRaising Group (formerly the Old Rec Committee) celebrated a fabulous year of volunteer efforts with a free skating party at the arena on the evening of Saturday, Dec. 22. It was a well attended fun time full of Christmas cheer with refreshments and great skating from 6 to 9 p.m. This could easily become an annual event!

There have been sad times for some families as well. Condolences are extended to them. Among those are family members of Fred Mearrie. Fred had been in poor health for several years. Word came from western Ontario that Ernie Tallman had died. He was a member of the well known Tallman family – grew up here, served in the Second World War and had a cottage here on "Tallman Island" for many years. Ernie would have been in his mid 90s.

Carson Eldon Bamford died on Dec. 22 at the age of 89 years. Carson was a lifetime resident of Highland Grove and well known in this area. He was a hard working man with several business interests known for his willingness to help others who were willing to work. Who knows how many he helped!

Carson had a mischievous side too. How did that salt shaker get into my jacket pocket after lunch at Don and Ann's in Harcourt? A book could likely be written on tales of Carson's life.

Father of eight, he has left many descendants to remember him. Many attended both at a time of visitation at the Baragar Funeral Home in Bancroft followed by a community gathering at the Harcourt Community Centre on Thursday, Dec. 27 to celebrate Carson's life. Rest in peace, good citizen.

The annual meeting of the Wilberforce Heritage Guild will be held Monday, Jan. 21 at 7 p.m. It will be at the Wilberforce Red Cross Historic House Museum which the WHG operates. All welcome.

Holidays in West Guilford offered song and feast

community news

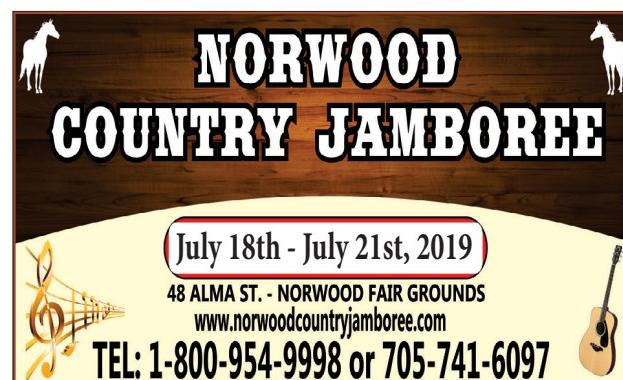
west guilford

Eleanor Cooper
754-2278

Christmas events began on Dec. 1 and 2 with Julie Barbans annual production of Nutcracker at the Northern Lights Pavilion. Costumes were exquisite, music the best, of course, and oh! The dancers!

Dinners brought various aspects of community together. Medeba offered their annual treat of free dining on Nov. 24 and was well attended.

Dec. 8 saw the West Guilford Baptist Church's invita-



tion to dinner at the Centre accepted by many. Some also came to the service following with pastor Brian Plouffe leading at the church.

The Highlands Concert Band, initiated in 2001 by the late Keith Burns, and led by Glen Carter presented Christmas music with the addition of one particular favourite of the bands. Their numbers alternated with the Highlands Male Chorus in beautifully performed selections directed by Melissa Stephens. Carols were sung by the audience at intervals and much visiting over refreshments concluded the event.

Maple Lake United Church was the venue for Annie Sumi's folk songs, the concert being arranged by the Folk Society courtesy of Barrie Martin. The audience of about 60 in number came up to the artist to voice their appreciation. Annie had said she liked hugs, and most of the people took advantage of this kindly gesture and would like to hear another concert like it.

West G Pizza & Grill (formerly called Corner Cafe) hosted a turkey dinner, free, on Dec. 13. Two hundred people responded to this wonderful gesture of thanks. by Andrew Wilbee and Rebecca Bamford who wished to show their appreciation for the support of the community since their opening of the restaurant on July 18. Christmas decorations enhanced the appeal of the evening which was further enlivened by the appearance of Santa twice over the dinner time. Adults and children alike enjoyed this bonus. Thanks to Andrew, Rebecca and all who helped prepare and so happily served all who came.

Thanks to the people at the Eagle Lake turn from Hwy 118 who have brightened our dark December days with the colourful lights, huge animal ornaments and other decorations on their lawn. It continues to give joy for all residents and travellers who pass by.

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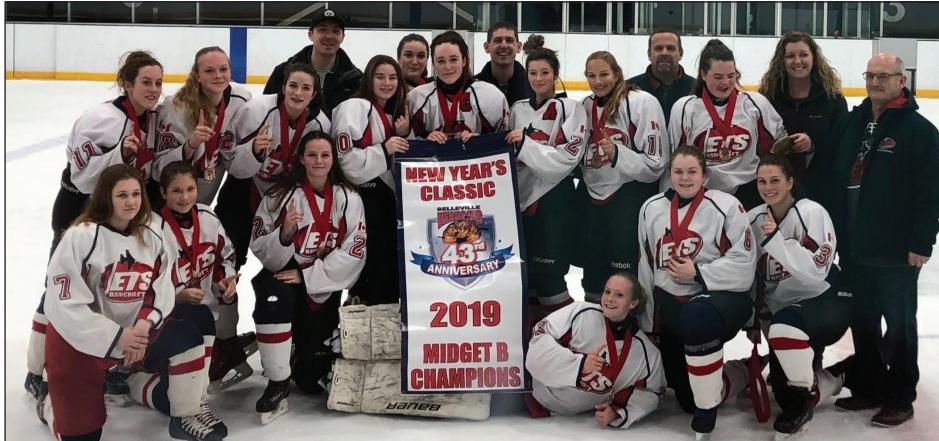
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Jets capture Classic in Belleville

The Park View Dental/Bancroft IDA Midget Girls Jets team won all six of their games this past weekend at the New Year's Classic Bearcats Tournament in Belleville. Their complete team effort included outstanding goaltending, solid defence and timely scoring. The Jets would like to thank their sponsors Park View Dental and the Bancroft IDA for their ongoing support throughout the season.

Bantams ready for post-season

On Sunday the Highland Storm Bantam Pepper Mill Steak and Pasta House and Dollo's Foodland Bantams travelled to Huntsville to play the West Ferris Trappers. The Storm took the lead midway through the first period with a goal scored by Dylan Keefer. The Trappers quickly responded and with two minutes left in the first period the Storm answered back taking the lead once more with a goal by Keefer assisted by Jackson Wilson and Kyan Hall. The Storm found more momentum in the second period with another goal scored by Keefer assisted by Jackson Wilson and Kyan Hall. The Storm found more momentum in the second period with another goal scored by Keefer earning himself a hat trick. Then another two goals by Kyan Hall with assists from Wilson and Hunter Winder. Amazing goaltending by Darion Maddock holding the Trappers at 2 for the majority of the second period and all the third. At one point Maddock was flat on his face stopping the puck, jumping back on his feet to catch the rebound. At the top of the third Keefer found the net once again assisted by Mathias Lee with a final score of 6-2. That completes the regular season games for the Bantams. Wish them luck as they head into playoffs.

By Jessica Lloyd

Playdowns for midgets

The Highlander and Ed Smolen Family Dentistry Highland Storm Midgets met with the Lindsay Muskies for the last regular season game, Wednesday, Jan. 2 and brought home a 4-2 victory. It was a slow start for both teams and that led to a scoreless first period. The Storm team had many scoring opportunities but the Muskies took a 2-0 lead by the second period. The Storm brewed and came to life midway through the period. Walker and Gilbert created the scoring chance that Clements capitalized on. Early in the third, Clements deflected a point shot by Walker, tying the game. Later, Gilbert took a pass from Haedicke and beat the goalie with a nice backhand goal, making it 3-2 for the Storm. Seconds left in the game, Haedicke fed Gilbert once more and he secured the win with an empty-netter. It was a well-played penalty free game. The midgets ended the regular season with a 4-2 win

and a 2018/19 team record of 9-11-5. The MPS play downs began January 5th in Huntsville. The Storm had an awesome start with a 4-0 shutout win against the Parry Sound Shamrocks. The Storm team dominated this game and Smith nabbed a natural hat-trick in the first period. Early in the second period, Smith manoeuvred behind the net, made a quick pass to MacNaull, he finds open Clements to make it a 4-0 game. The Shamrocks worked hard and Sisson kept them off the scoreboard and took the shutout win. Later that day, the Storm was silenced by the Huntsville Otters 6-2. A fast paced game from the start, with the Otters taking a 2-0 lead early in the first. The Storm got lucky with a goalie error and Coumbs was there to make it a 2-1 game. Both teams worked hard during the second period, the Otters got ahead with a few goals and made it a 5-1 game. The Storm stepped up in the third period with enormous effort that resulted in a goal. Haedicke pushed hard along the boards, passed to Smith, he moved in and chipped it to MacNaull for the well-earned goal. The Otters managed another goal and took the game 6-2. The next day, the midgets played a great game against the South Muskoka Bears, which ended with a 2-2 tie. An intense and scoreless first period was played. The end to end action continued into the second period, both teams fighting for a goal. Minutes left in the period, the Bears got lucky with a goal. Shortly after, MacNaull stole the puck and tied the game. The Bears got the go ahead goal early in the third. MacNaull did it again and found the opening to tie it up, 2-2. The Storm team needed to win and pulled the goalie with minutes left. The intensity grew with immense effort by the Storm team and the clock ticked down, the game ended 2-2.

By Suzanne Haedicke

Novices play strongly

The Haliburton TimberMart and Haliburton Hockey Haven Sports Camp Highland Storm Novice Rep Team rang in the New Year with a bang playing three games on the weekend. In their first game, the Huntsville Otters put in the first goal, but Evan Perrott evened the score a minute later. Isaac Trotter fired in the second goal, then the Otters tied up the game before the end of the second. The Storm dominated the third period with another goal by Perrott and a goal by Max Rupnow for a 4-2 win for the Storm.

The Novices played a strong game against the well-matched Lindsay Muskies. The Muskies stole the first goal just 29 seconds into the game. Henry Neilson struck back with a hard top right shot for the Storm. In the second, the teams continued with parallel goals, first by the Muskies, then two goals 13 seconds apart from Perrott, and another point for the Muskies. In the third, the Muskies put in their fourth before Luke Gruppe tied it up 4-4. Goalie, Carter Braun, demonstrated courage and excellent timing on several occasions leaving his net and hitting the puck out of the end.

The Storm team ruled the game against the Muskoka Rock on Sunday. Neilson led the scoring with a top right shot during a Rock power play. Jack Tomlinson skated the length of the ice, and fired a shot, which was picked up by Matt Scheffee and knocked in. The Rock then put their first point on the board. In the second, Rupnow picked up a rebound and fired it over the goalie who was down. Perrott took a shot that hit the goalie, then picked up his own rebound and scored. In the third, Rupnow picked up a pass from Jaxen Casey and carried it to the offensive zone, then passed to Gruppe who scored top left. The Rock stole another point during a power play. Neilson, Scheffee, and Perrott all put in second goals before the game ended with an 8-2 Storm win. Easton Burk held the blue line and Ethan DeCarlo demonstrated strong back checking. Good luck to the Novices next weekend in the Muskoka-Parry Sound tournament in Sundridge.

By Sarah Gruppe

Peewee A squad head to Parry Sound

The JoAnne Sharpley's Source for Sports/Haliburton Family Medical Centre Highland Storm Peewee A's travelled to Orono for a one day tournament. The first team Storm faced was the Brock Wild. The first period the Storm has a hard time keeping it out of their end. Brock scored the first goal. Than Cash Fowler rocketed a shoot in to tie it. But Brock scores shortly after. Followed by a goal by Addison St Cyr to tie the game again. But after that Brock scored two more goal to make the game 4-2 going into the second. The second started with two goals by Brock. However on a power play Aiden Perrott scored a beauty goal. Brock scored one more goal to end the period at 7-3. The third started with a goal by Austin Boylan. The Storm tried to fight back but couldn't, the final score was a 7-4 loss.

The Peewee A's second game was verse the Norwood Hornets. The first period was only a goal by the Norwood Hornets. The Second period started with a great goal by Addison St Cyr. It's was back and forth between the ends but it remained the only goal of that period it was a tied game going into the third. The third period Norwood scores on a power play. Than Storm pulled the goalie and Norwood scored. The final score was 3-1 loss for the Storm.

The Peewee A's made it to the C finals verse the Creemore Hawks. The first period started with an early first of the season goal by Kadin Card. It remained the only goal for the period. The second period started with a pass by Cash Fowler to Cooper Coles who tucked it in the net. Next Addison St Cyr took it from end to end and shot it in. Next Coles scored a solo goal. And then Aiden Perrott took it end to end for a beauty goal. That ended the second with a 5-0 lead. In the third St Cyr scored another goal and it made the final score 6-0. Ethan Dobson walked away with a shutout and a C final win for the Highland Storm.

The Peewee A's next game was Jan. 5 in Ennismore versus the Ennismore Eagles. The first period was no goals but not from a lack of trying. In the second Addison St Cyr started the goals and then Austin Boylan sent a beauty pass to Beckam Reynolds who sniped it in the net. It was a 2-0 game going into the third. The third was back and forth but Cash Fowler rocketed the puck past the goalie and in the net. Taylor Consack walked away with a hard-earned shutout and a 3-0 win for the Storm.

The Peewee A's next game was Jan. 6 when Storm hosted the Oro Thunder for an exhibition game. The first period started with a goal by Addison St Cyr. The second period St Cyr scored two more

goals giving himself a hat trick. But with four minutes left Oro scored. It was a 3-1 going into the third. The third started with a goal by Oro. Then with three minutes left it was five-on-three Austin Boylan snipes one in. Which made the final score a 4-2 win for Storm.

The JoAnne Sharpley's Source for Sports/Haliburton Family Medical Centre Highland Storm Peewee A's next game is in Parry Sound for the MPS tournament. First game is at 11 a.m.

By Amber Card

Storm's midget LL fall to Bears

The Highland Storm Pharmasave LL Midgets kicked off 2019 in Bracebridge last Sunday for their first meeting against the South Muskoka Bears. Play was pretty balanced in the first period. The Storms Paul Turner and Brenden Newhook combined a few times and almost scored. Goalie Nate Miscio was strong between the pipes until a puck finally got by him at the end of the period. Teo O'Malley fed a perfect bounce pass to Tim Turner in the second period and Turner made no mistake scoring on a pretty deke. The Bears fired right back though with three quickies to take a commanding 4-1 lead into the final period. The Storm had a two-man advantage but were still unable to cut into the Bears three goal lead and the Bears added one more late in the match for a 5-1 win.

By Gord Hoenow

Novice LL experience Toronto

The Highland Storm Bright Woods Landscaping and Consulting Novice LL team played against Huntsville Davicor this past Saturday, Jan. 5. The first period started off slowly for both teams.

Halfway through the second, the Storm lit up when Hunter Hamilton scored a beauty top shelf goal unassisted. Then only 20 seconds later Brody Hartwig scored another assisted by Jacob Sutton. Davicor snuck in a quick one with only 20 seconds left in the second period making the score 2-1 going into the third.

Hartwig opened up the third period displaying his phenomenal stick skills skating through the entire offence and landing two quick unassisted goals in the net completing another hat trick for the season. Cruise Neave charged through the offence scoring the fifth goal of the game assisted by Hartwig. Carter Knapton-Shaw played a great game and Davicor managed to sneak in one more goal after a third shot rebound with three minutes left.

Storm fought hard right until the end with numerous scoring chances throughout the game. With only a minute left to play Storm stayed strong in front of the net with Hartwig passing to Tyler Hughes then to Matthew Fairy who ended the scoring with the last goal of the game! Everyone cheered as Fairy shared his joy with friends on the ice and hugs from coaches when he hit the bench! Final score ended in a 6-2 win for Storm.

Sunday, Jan. 6 the team travelled to Coca Cola Coliseum to watch the Toronto Marlies in action and got to experience what it's like to skate in front of a crowd of 6,000 people. The team took to the ice at intermission for a fun shoot out challenge! Seventy fans from Haliburton Highlands travelled down to cheer the team on! What an amazing experience for all the players!!

Be sure to come out to the Minden arena Saturday, Jan. 12 at 11 a.m. to cheer on this great team as we take on South Muskoka Envotek.

By Cheryl Smith

Haliburton Echo

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Leaders in Innovative Rural Health Care

The Haliburton Highlands Health Services (HHHS) currently has exciting opportunity for an energetic and experienced individual to join the team!

MANAGER, HUMAN RESOURCES

(Full-time Permanent Position)

A collaborative and hands-on leader, the Manager, Human Resources will be responsible for the provision of informed, responsive and consistent human resource support in the areas of employee and labour relations, recruitment, retention, performance management, change management and organizational development, leadership development and coaching. The manager will be responsible for providing recommendations and counsel to all managers within the organization on a wide range of employment related situations including the interpretation of collective agreements and facilitation of solutions to employment issues, along with supporting the grievance and arbitration process. In addition, the manager will provide leadership and oversight for the Occupational Health program, Volunteer Resources and Centralized Scheduling.

To be successful in this position, the candidate must possess post-secondary education in Human Resources Management, and have a minimum of five (5) years' experience in Human Resources in a unionized setting, preferably in the healthcare field. Certified Human Resources Professional (CHRP) designation obtained or in progress is an asset.

If you are interested in joining the HHHS team for the above position, please submit your resume in confidence to:

Human Resources
Haliburton Highlands Health Services
Box 115, Haliburton, Ontario, K0M 1S0
hr@hhhs.ca
Fax: 705-457-4609
www.hhhs.ca

Haliburton Highlands Health Services thanks all applicants, however, only those selected for an interview will be contacted. If you are contacted by HHHS regarding a job opportunity or testing, please advise if you require accommodation due to a disability. Information received relating to accommodation needs of applicants will be addressed confidentially.



Leaders in Innovative Rural Health Care

The Haliburton Highlands Health Services (HHHS) currently has exciting opportunities available for energetic individuals to join the team!

CLINICAL MANAGER, MENTAL HEALTH SERVICES

(Full-time Permanent Position)

Reporting to the Vice President of Community Programs, Haliburton Highlands Health Services [HHHS], this position provides team leadership and clinical supervision to the Mental Health Services team. This team provides early intervention (ages 14-35), counselling, crisis and case management (ages 18+) in a low barrier and client-centred model of service delivery.

The Clinical Manager is a key resource to a multi-disciplinary mental health team and a strong advocate for mental health issues more broadly in the community and across the organization. They are a proven leader in the field of community based mental health (counselling and case management), with demonstrated commitment to providing vision, leadership, and guidance in the operationalization of the strategic directions held by HHHS. With a strong emphasis on the delivery of high quality client-centred care across the continuum, the Clinical Manager will advocate and collaborate with community partners and health service providers locally and regionally. They are responsible for the quality of programming and are responsive to the needs of our community in an ever-changing health system; continually seeking best and promising practices focused on the provision of high-quality relevant mental health services – leading, guiding, and mentoring the team to this end. (Job # 2019-01)

To be successful in this position, the candidate must possess a Master's degree in Counselling, Psychology, Social Work or equivalent combination of education and experience, and have a minimum of five (5) years of directly related professional experience in counselling, preferably in a community based mental health program; minimum of three (3) years of supervisory experience. The successful candidate must demonstrate a commitment to ongoing education and professional growth in maintaining current knowledge in the changing face of mental health care.

SOCIAL WORKER, GAIN

(Full-time Permanent Position)

Working as a member of two interprofessional teams, the Social Worker will provide specialized comprehensive geriatric services within the GAIN program, and complex grief and bereavement support with the Palliative Care Community Team. Comprehensive psychosocial assessments will be provided to clients referred from various sources. Recommendations will be designed to optimize safety and function to support frail seniors living at home. This will include referral to community services; assisting clients and their caregivers in developing or enhancing coping skills related to the social, emotional needs and challenges associated with aging and illness; and case coordination with the interprofessional team. In addition, the Social Worker provides information, consultation and education to clients, families, caregivers, staff and community agencies on matters relating to their expertise. The Social Worker will also participate in program development and evaluation. (Job # 2018-96)

To be successful in this position, the candidate must possess a Master's degree in Social Work (MSW), and have two (2) to three (3) years' previous experience in clinical work with geriatric clients. Clinical experience working with clients and families in palliative and/or hospice programs is an asset and the successful candidate must have demonstrated competencies consistent with Core Interprofessional Competencies for Gerontology (National Institute for the Care of the Elderly) and Interprofessional Competency Framework (Canadian Interprofessional Health Collaborative).

If you are interested in joining the HHHS team for any of the above positions, or would like more information on the opportunities, please visit www.hhhs.ca or contact:

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Haliburton Highlands Health Services
Box 115, Haliburton, Ontario, K0M 1S0
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Fax: 705-457-4609

Haliburton Highlands Health Services thanks all applicants, however, only those selected for an interview will be contacted. If you are contacted by HHHS regarding a job opportunity or testing, please advise if you require accommodation due to a disability. Information received relating to accommodation needs of applicants will be addressed confidentially.

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In memory of
 Steven Gregory Kurtz
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We who love you, sadly miss you.
 As it dawns another year,
 In our lonely hours of thinking,
 Thoughts of you are ever near.
 "Forever Missed"

Patrick, Collin, Dan, Lisa,
 Valerie, Miles, Gail, Gordon



640 IN MEMORIAM

Vittoria Roma Formica
Dec. 23, 1911 – Jan. 6, 1999

Her sparkling eyes and warm smile,
We've missed for quite a while.
On "Little Christmas",
Twenty years ago,
We said farewell to
a determined soul.
This hard-working, fun-loving pal,
Was our loving "Nonna to all!"

Forever Remembered with Love:
Marina, Miles & Reuben

640 IN MEMORIAM

† Vittoria Formica †
Dec. 23, 1911 – Jan. 6, 1999

Wife, Mother, Nonna:
"Gone is the face we loved so dear,
Silent is the voice we loved to hear.
Too far away for sight or speech,
But not too far for thoughts to reach."

Missed by
Mary, Gladys, Deena
& Families.

650 OBITUARIES**Marie Lewis**

(Formerly of Highland Grove, Ontario)

Peacefully at Highland Wood LTC in Haliburton on Thursday morning, January 3, 2019 in her 91st year. Beloved wife of Emerson Lewis. Loving mother of Douglas (Pat), Donna (Keith Buckley), Marlene (Ed Bowles), Marilyn (Keith), Donald (Janice) and Sheldon. Fondly remembered by her grandchildren Jill, Scott, Paul, Angela, Atheana, Candace, Mathew, Jesse, Mikail, Kyle, Maddy, CJ, Robert and by her great grandchildren Maggie, Thomas, Harvey and Violet. Dear sister of Viola, Julia, Luella (Peggy) and Leo. Predeceased by her sisters Bridget, Irene and brothers Bernie, Eward, Clem, Mike, Matthew (MJ) and Alphonse. Also lovingly remembered by many nieces and nephews. Marie enjoyed bingo, music nights and most of all she loved Emerson and her family.

Visitation, Mass of Christian Burial & Reception

Friends called at ST. JOHN VIANNEY ROMAN CATHOLIC CHURCH 5408 Loop Road, Highland Grove, Ontario on Monday morning, January 7, 2019 for Mass of Christian Burial at 11 o'clock. (Visitation one hour prior). Spring interment Deer Lake Cemetery, Highland Grove. As expressions of sympathy, donations to Haliburton Highlands Health Services Foundation would be appreciated by the family. Funeral arrangements have been entrusted to the HALIBURTON COMMUNITY FUNERAL HOME 13523 Hwy. #118, Haliburton, Ontario (705) 457-9209.

www.communityfuneralhomes.com

650 OBITUARIES

Our beloved "Babi" Marie Frybort of Haliburton left us to join God Thursday, December 20th, after her 90th year.

Wife to "Dadu" Milan Frybort, mother of Mick (Karen) of Haliburton and Marie (Victor) of Scarborough.

The most devoted grandmother to 5 boys: Adam, Alex, Jesse, Brandon & Jordan. Great-grandmother to Jakub, Vienna, Nolan, Clark & Andrew.

Babi was a very kind-hearted and loving person, the greatest cook, an avid reader, loved her home in Haliburton and always had a heart for children of all ages. We shall miss her fighting spirit, but know we shall all remember and celebrate her fierce approach to life.

In accordance with Babi and Dadu's wishes. There is no public service; cremation has been arranged. As expressions of sympathy; donations may be made to www.convenanthousetoronto.ca in support of homeless children.

She believed "Everyone deserves a safe home"

650 OBITUARIES

Anne 'Annie' Paul
(Resident of Haliburton, Ontario)

Peacefully at Haliburton Hospital surrounded by her family on Wednesday evening, January 2, 2019 in her 81st year. Loving wife and best friend of John Paul for over forty eight years. Loving mother of Laura, Earl (Cindy), Craig (Joy) and Joanne (Derek). Fondly remembered by her grandchildren Paula, Kristoffer (Stephanie), Cassandra, Meghan, Justin, Samantha and Connor. Dear sister of Tom (Kay) and Jerry (Willie). Also lovingly remembered by her nieces, nephews and by her many friends. Anne enjoyed the cottage in Haliburton County, life, her dog, and most of all her grandkids and family.

Private Celebration Of Life & Reception

A Private Celebration Of Life will take place. As expressions of sympathy, donations to the Haliburton Hospital Auxiliary would be appreciated by the family. Funeral arrangements have been entrusted to the HALIBURTON COMMUNITY FUNERAL HOME 13523 Hwy. #118 Haliburton, Ontario (705) 457-9209.

www.communityfuneralhomes.com



In Loving Memory of
Jean Farrell (nee Corbett)

Passed peacefully at the age of 93 on Thursday, December 20, 2018, at the Hyland Crest Senior Citizens Home in Minden.

Beloved wife of the late Stanley Charles Farrell, dear mother of George Farrell, mother-in-law of Michelle St. Pierre, and loving grandmother of Brendan Kyle Farrell and Tyson Corbett Farrell.

Jean was an only child, born in Shropshire, England. At the age of 18 she joined the RAF's Women's Auxiliary Air Force (WAAF) where she served as a driver during World War Two. Her duties included delivering armaments to departing bomber and fighter planes, chauffeuring Air Force VIPs, and transporting fuel at night.

During the war Jean fell in love with Jerzy Mielnicki, a Polish fighter ace who was with the Royal Air Force's 316 Squadron. Jerzy died in an air accident in 1945, shortly before the birth of their son George. Jean and Jerzy never had time to marry and consequently Jean and her family were estranged for a number of years.

Jean led a bohemian life after the war, holding various jobs including an artist's model, and fashion model. It was very difficult for a single mother with a young child, and for a while George was sent to a Polish boarding school while Jean struggled on. It was not until the early 1950's when Jean met, and subsequently married, Stanley Charles Farrell, that her life improved.

Jean and her family eventually made amends, and in 1955 Jean, Stanley and George immigrated to Canada and settled in Don Mills Ontario. Jean soon found work in Toronto working at the College Street branch of Eaton's department store. After that, for a number of years, she worked as a manager of a weight-loss health spa.

Subsequently Jean worked as a beautician in various beauty salons. Then, in the early 1970's, she and Stanley moved to Gelert, in the Haliburton Highlands. Jean became an excellent spinner and weaver. She joined the Spinners and Weavers group and her mohair throws were much admired. She was present during the formation of the School of the Arts (now the Haliburton School of Art + Design), and was a member of the Rails End gallery, and the Agnes Jamieson gallery, where she became a volunteer. Jean exhibited her wares at both galleries, as well as the Ethel Curry gallery. She was also on the Haliburton County Studio Tour for many years.

In 2008 Jean and Stanley moved to a house on the Gull River in Minden, and in 2016, after being diagnosed with Alzheimer's/dementia Jean moved to the Highland Crest long-term care facility in Minden. A year later she was joined by Stanley. Jean was a lover of nature and all things beautiful, and to those who knew her she left a lasting impression as a strong-willed, dignified woman; steadfast in her beliefs, yet always willing to help those in need.

A private family graveside service will be held at the Gelert Cemetery in the spring.

Memorial Donations to the Haliburton Highlands Health Services Foundation (HHHSF) would be appreciated by the family and can be arranged through the Gordon A. Monk Funeral Home Ltd., P.O. Box 427, Minden, Ontario K0M 2K0.



www.gordonmonkfuneralhome.com

INSIDE THE ECHO



In an exciting, action-packed game last Wednesday, the Haliburton Redmen beat the challengers from I.E. Weldon. The crowd was enthusiastic. For more, see page 6



Sexual abuse against children is not something we like to think about, but thinking doesn't make the problem go away. A new kit wants to get positive results. See our Second Section



The lines in South Africa may not be as clearly drawn as some people believe. As Ray Carter demonstrates by her actions, there are colourblind whites. See page 15



THE HALIBURTON COUNTY ECHO AND MINDEN RECORDER

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'The voice of the Highlands' 24 pages 50 cents



Heavy rains followed by cold snap turn roads into icy skating rinks

by JAY KERR-WILSON

Staff Reporter

Last week-end's downpour of rain and subsequent drop in temperature turned local roads into skating rinks, trapping people in their homes and making life difficult for municipal road maintenance crews.

"The storm turned all the roads into sheets of ice," says Dysart et al's road superintendent, Howard Roberts. Three municipal trucks slid off the road while trying to put down sand on Sunday. One of the trucks slid off Soyer's Lake Road and was knocked out of commission. Roberts says the loss of the truck will not affect the maintenance of the township's roads providing we don't have a replay of Sunday's icing. "We'll be able to make up the slack if we work a little longer with the other trucks and don't have any more of that ice," says Roberts.

In more usual weather conditions it takes two days

to sand the township roads, Roberts says, but under such extremely slippery circumstances it requires three days to do the same work.

Last week-end's weather also put a strain on the municipality's supply of sand. Roberts says another downpour-turned-ice like this one could deplete Dysart's supply.

In Anson, Hindon and Minden, road superintendent Clayton Cameron says the storm, "made things a real mess," and put a lot of water on the roads. Minden's road staff also experienced trouble when one of their trucks skidded off the road and turned over on Ball Road just off of Horseshoe Lake Road. The truck's door was wrecked but the vehicle is still operational and was driven back to town after the accident. Cameron says most of the ploughing and sanding was done on Monday and the rest would be completed on Tuesday. Minden is in good shape as far as its supply of sand is concerned, according

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Roads safer on skates



Cottage roads in Haliburton County were slick enough to skate on after a Saturday night rainstorm was followed by colder temperatures Sunday. It was a nightmare for drivers but good fun for Mike MacNaull, Adam Wilson and their friend Bundy, who made the best of a slippery situation on Drag Lake's Depot Bay Road.

Hospital delays anger county

by MARTHA PERKINS

Staff Reporter

There was a tangible feeling of anger in the county council chambers last Wednesday, when the reasons for the delays in the Haliburton Hospital expansion were explained in a letter from the executive director of St. Joseph's General Hospital in Peterborough, which owns the hospital. And that anger was directed towards the Ministry of Health when it became apparent the county would have to be asked for more money because of the delays.

"As you can appreciate, any delay in building projects these days will result in higher costs, due to the ef-

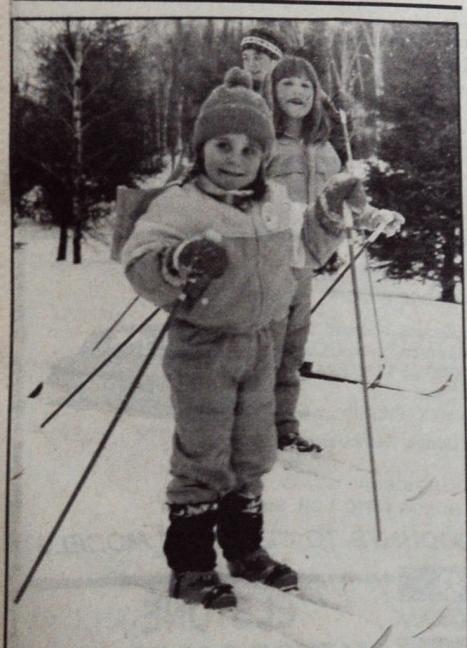
fects of inflation on the construction industry," wrote Leo Doiron. "We will, no doubt, experience a considerable increase in this project... In addition to that, we will have extra costs to put in an air conditioning system which was not part of our original design, but which the Ministry of Health now requires in all facilities serving long-term patients."

"I expect we will have to request that the County Council, and Township Councils, consider adding to the amount already pledged to this project."

Doiron is not sure at this time exactly how much more the county will have to pay on top of the \$266,000 it has already budgeted.

"Some fears I have is that it's dragged on so long," said Dysart et al Reeve Murray Fearrey. "I know people who generously donated money and they're going to do well to live long enough to see this become a reality."

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Aleka Lilius, front, was one of approximately 40 children who turned up at PineStone Inn on Saturday to participate in the Jackrabbit cross country ski program. Classes run from 1:30 to 3:00 p.m. every Saturday for eight weeks.

Guild wants big increase in funding

by LEN PIZZET

Editor

The Guild of Fine Arts wants Dysart council to almost triple its grant to the organization, which is struggling with a projected deficit of more than \$11,000 in the year ending March 31. On Monday, Guild president Virginia Muenzel asked councillors for "a substantial increase in municipal grant funds to the tune of \$30,000."

Dysart's 1988 grant to the Guild was \$12,000. As well, the municipality owns the Rail's End Gallery and pays for its maintenance. Last month council agreed to advance the Guild a further \$6,000 to help it through the lean winter months, on the understanding that the funds would be part of the 1989 allocation. But it now has become clear that unless the municipality commits substantially more funds to the Guild, its future, and that of the Rail's End Gallery in particular, looks bleak.

Muenzel said gross expenditures of the Guild and Gallery have increased from \$133,000 in 1985-86 to a projected \$177,000 for the 1988-89 fiscal year, which ends March 31. Gross revenues, which peaked at \$159,700 in 1986-87, declined this year to a projected \$138,400.

In 1988, the Guild received grants of \$1,250 from Haliburton County, \$12,000 from the Ontario Arts Council, \$12,000 and a \$6,000 advance from Dysart, and \$7,500 as Dysart's share of replacing the roof on the station Gallery. The projected deficit for 1988-89 is \$11,356.

Muenzel said the Guild has had problems raising funds over the past two years, despite the fact that the board of directors as well as the membership and gallery staff spend

much of their time working on one fund raising scheme or another.

"For several reasons it is becoming more difficult to find volunteers with enough time to donate to this cause," Muenzel told council. As well, for the past two years "we were unable to get anyone to seek corporate sponsorship." That pro-

gramme was revived recently, however, and brought in donations of about \$10,000 from local businesses. The Guild hopes this corporate support will grow.

In asking Dysart to dig much deeper in 1989 and subsequent years to support the Guild, Muenzel promised the organization would take

a number of steps to put itself on firmer financial ground. These include new fund raising schemes to bring in money in the spring when revenues are low, a tightening of expenditures "wherever possible", an effort to increase both the number and the cost of memberships, better

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Province re-thinks paying Homemakers' deficit

by MARTHA PERKINS

Staff Reporter

A few days before the province announced it would cover the \$1.1-million deficit of the Red Cross Homemaker's program, the county was told that "in order to remain within budgetary limits, priorities in the program have come under greater scrutiny" and no promises of funding were made.

"Currently the Ministry of Community and Social Services is conducting a comprehensive review of

the program," MPP John Eakins said in a letter dated December 20 and read at last Wednesday's council meeting. He was responding to a letter council sent to him last month, asking him to voice its concern about the program's future and stress its importance in the area.

"This review will include a re-examination of the program's objectives and eligibility criteria."

Eakins wrote this letter when the province was saying it wouldn't come to the aid of the service which, along with others of its kind, had run

up a large deficit. The province said the Red Cross had to cover its own costs using monies already allocated; the Red Cross said to do this it would have to take money out of this year's budget which would reduce the number of services which could be provided.

In Saturday's *Globe and Mail* Barbara Trahan, director of home support services for the Canadian Red Cross Ontario division, pointed to a study done in the Kitchener-Waterloo area.

"The study tracked 130 patients, half of whom could have been released from hospital if home-care services were available. The weekly cost of keeping half the patients in a hospital bed was \$131,000. Providing homemaking services for the same patients would have cost \$3,600 (in addition to \$3,000 for home-care nursing.)"

"I think it's great but I don't know if it solves the ongoing problem," says Ruby Way, director of the local service, reacting to the government's announcement. The two main problems are wages and mileage, since homemakers in rural areas often must drive long distances in a day, even though Way tries to co-ordinate clients with homemakers in the same area.

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Recycling is started in Dysart

by JAY KERR-WILSON

Staff Reporter

Haliburton County's first recycling program will be under way next Wednesday (Jan. 18) when a container for recyclable wastes is placed at the Haliburton land-fill site. Muskoka Containerized Services Inc. is being provided by Muskoka Containerized Services Inc. The cost of hauling the bin away once it fills up will be borne by the environmental group Association of County of Haliburton Environment for a Naturally Good Environment (CHANGE).

The first container is due to arrive at 1 p.m. on Wednesday and

CHANGE organizer Eric Lilius says a small celebration is being planned and he invites everyone to come out to the land-fill site, "and bring your recyclable stuff." There will be three clearly marked compartments in the container, one for newspaper (preferably not glossy magazines), one for glass bottles with caps removed, and a third compartment for aluminum and tin cans and PET bottles (large plastic pop bottles) all preferably crushed.

The container will be accessible to the public at those times when the dump is open. For the launching celebration hot beverages will be served.

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NEW PRICE \$35,900 PLUS HST.

A Word from our Clients...

Linda and her Team did a great job in helping me to sell my place in Haliburton. I received an offer within days of listing and everything went smoothly from beginning to end. It was a great experience working with Linda and I highly recommend her to anyone who has a place to sell. Thank you Linda and Team, you were amazing.

Christine P.,
Dec 2018

Real Estate Update More Than You Bargained For

QUESTION: Selling a house to someone looks pretty simple. Why can't I do it myself and save the commission?

ANSWER: If you think it's so easy, try it. You'll be in for an unpleasant surprise. Selling a home involves a mass of details. There's paperwork to do, lawyers to be dealt with, a title search to be made, financial arrangements concerning down payment and mortgage financing. Not to mention finding the prospects and coordinating between yourself and the Buyer. Unless you are an expert on these subjects, you'll be at a disadvantage. Erring on any one of these details could ruin your sleep, the sale and your finances!

